**2016 USATF Masters 5K Cross Country Championships - 11/6/2016**

**www.halfmiletiming.com**

**Apalachee Regional Park**

**Results**

## Event 1 Women 5k Run CC

| | Name | Age | Team | Finals | H# | Points |
|---|---|---|---|---|---|---|
| Results - Women | | | | | | |
| 1 | Friend-Uhl, Sonja | 45 | Atlanta Trac | 18:12.10 | 1 | |
| 2 | Sutera Strange, Marisa | 53 | Athena Track | 18:43.67 | 1 | |
| 3 | Wolski, Katherine | 50 | SoCal | 19:11.95 | 2 | |
| 4 | Butler, Trish | 54 | New Balance | 19:20.68 | 2 | 1 |
| 5 | Kassens, Alice | 41 | Athena Track | 19:25.43 | 1 | |
| 6 | Parker, Kara | 47 | Run MN 40+ | 19:28.57 | 1 | |
| 7 | Hayden, Kathleen | 51 | Genesee Vall | 20:15.67 | 2 | 2 |
| 8 | Cooke, Susan | 57 | New Balance | 20:27.23 | 2 | 3 |
| 9 | Wiegand, Kathy | 42 | Atlanta Trac | 20:38.29 | 1 | |
| 10 | Allen, Michelle | 53 | New Balance | 21:02.84 | 2 | 4 |
| 11 | Sloan, Margaret | 57 | Unattached | 21:20.07 | 3 | |
| 12 | Bartholomew-Koepp, Amy | 42 | Atlanta Trac | 21:32.18 | 1 | |
| 13 | Whitis, Stephanie | 40 | Atlanta Trac | 21:53.93 | 1 | |
| 14 | Bischoff, Carol | 52 | Genesee Vall | 21:56.36 | 2 | 5 |
| 15 | Gregory, Marilyn | 42 | Tnt Internat | 21:58.31 | 1 | |
| 16 | Huff, Kris | 52 | Atlanta Trac | 22:01.24 | 2 | 6 |
| 17 | Anderson, Kimberly | 51 | Tnt Internat | 22:11.21 | 2 | |
| 18 | Sweeney, Mary | 56 | Atlanta Trac | 22:27.11 | 3 | 7 |
| 19 | Magnussen, Colleen | 56 | Genesee Vall | 23:44.10 | 3 | 8 |
| 20 | Williams, Cynthia | 60 | Atlanta Trac | 24:00.04 | 3 | |
| 21 | Tanner, Robin | 55 | Atlanta Trac | 24:05.02 | 3 | 9 |
| 22 | Lucking, Cynthia | 63 | Atlanta Trac | 24:10.38 | 3 | |
| 23 | Lempesis, Catherine | 65 | Unattached | 25:22.80 | 3 | |
| 24 | Welch, Susan | 49 | Atlanta Trac | 25:23.16 | 1 | |
| 25 | Ozell, Terry | 63 | Atlanta Trac | 25:27.07 | 3 | |
| 26 | Geiger, Gail | 53 | Genesee Vall | 26:42.75 | 2 | 10 |
| 27 | Foody, Terry | 68 | Unattached | 33:06.10 | 3 | |
| 28 | Burkett, Susan | 67 | Unattached | 41:39.23 | 3 | |
| 29 | Manns, DaBeth | 40 | Tnt Internat | 42:22.68 | 1 | |
| 30 | Bost, Madeline | 77 | Morris Count | 43:02.26 | 4 | |
| 31 | Lanier, Gina | 51 | Tnt Internat | 43:43.52 | 2 | |

### Team Scores

| Rank | Team | Total | 1 | 2 | 3 | *4 | *5 | *6 | *7 | *8 | *9 |
|---|---|---|---|---|---|---|---|---|---|---|---|
| Results - Women | | | | | | | | | | | |
| 1 | New Balance Tampa Masters | 8 | 1 | 3 | 4 | | | | | | |
| | Total Time: 1:00:50.75 | | | | | | | | | | |
| | Average: 20:16.92 | | | | | | | | | | |
| 2 | Genesee Valley Harriers 5 | 15 | 2 | 5 | 8 | 10 | | | | | |
| | Total Time: 1:05:56.13 | | | | | | | | | | |
| | Average: 21:58.71 | | | | | | | | | | |
| 3 | Atlanta Track Club 50+ | 22 | 6 | 7 | 9 | | | | | | |
| | Total Time: 1:08:33.37 | | | | | | | | | | |
| | Average: 22:51.13 | | | | | | | | | | |