



## **UCF Invitational**

**University of Central Florida - Orlando, FL  
Friday & Saturday, March 26-27, 2010**

**Rules/Eligibility** - Events will be conducted under NCAA rules. All athletes representing intercollegiate programs must be eligible according to respective NCAA rules.

**Meet Conduct** - All running events will be conducted as finals. Field events will be conducted as preliminaries with the top nine competitors advancing to the finals for three more attempts.

**Track** - 400m – 8 lane - BSS 2000 Encapsulated Beynon Surface.

### **Entry Information/Fee**

All entries must be submitted on line at [www.directathletics.com](http://www.directathletics.com).

Unattached athletes need to contact the following for entry consideration and password. Caryl Smith Gilbert:

[csg@athletics.ucf.edu](mailto:csg@athletics.ucf.edu).

- \$300.00 per team (men and women separate).
- \$30.00 for unattached athletes

Entry fees may be paid on line at [www.directathletics.com](http://www.directathletics.com) **NO REFUNDS WILL BE PROVIDED.**

**Entry Deadline** – Tuesday, March 23, 2010 @ midnight.

**Packet Pickup** – Located in the clerk's tent between Nicholson Fieldhouse AND New Wayne Densch Bldg. from 2-8pm Friday, and 8am to 12 noon on Saturday.

**Practice** - The track will be available for practice:

Thursday, March 25th – after 4:00pm - discus/hammer area - TBA

**Warm Up area**- ALL warm-ups will be done in the practice soccer field located North of the track. **NO WARM UPS WILL BE ALLOWED ON THE INFIELD.**

**Team Areas** - Team areas will be hosted in the IOA Plaza to the West of the football stadium. This location is central to parking, warm-up area and the track complex.

**Lightening Policy** - The athletic facilities are equipped with a lightening detection system. One long siren indicates the facility must be completely evacuated IMMEDIATELY. The facility can be re-entered when three sirens are heard.

### **Athlete Check-in**

- Running event participants must check-in with the meet clerk of the course located near the scoreboard on the track, no later than 30 minutes prior to the start of the scheduled event.
- Field event participants must report to the event site no later than 30 minutes prior to the start of the scheduled event.

### **Parking**

Teams - Bus/van parking will be in Lot E8 – located on the north side of Bighthouse Stadium.

Spectators- E8 – the fee is \$5. Overflow parking will be located in lots E6 and E7.

Officials will be provided a parking pass by UCF meet manager.

**Implement Weigh-ins** – 8:00am – 1 pm. All implements should be delivered to the facilities bldg. located north of the throwing sector during this time period for weigh-ins. Uncertified implements will be impounded and released following the event.

### **Time Schedule**

A tentative time schedule is attached. Adjustments may be made to the time schedule based on number of entries. Please check [www.ucfathletics.com](http://www.ucfathletics.com) or [www.directathletics.com](http://www.directathletics.com) on Friday evening for adjustments to the time schedule.

**Facilities** - Restrooms will be located in the baseball concourse. Temporary facilities will be located around the track and on the warm –up field. No shower facilities are available. Administrative offices are off limits to visiting athletes and coaches.

**Athletic Trainers** - Athletic Trainers will be located in the center trailer on the track. Water and Powerade will be stationed around the track and in the warm-up area.

**Hospitality** – food and refreshments will be provided for all officials and credentialed volunteers.

**Results** – Will be posted on the south wall near New Wayne Densch Bldg. and can be found on [www.ucfathletics.com](http://www.ucfathletics.com)

### **For More Information**

Jeff Chakouian – [jchakouian@athletics.ucf.edu](mailto:jchakouian@athletics.ucf.edu) (407) 823-2411

# UCF INVITATIONAL

## Friday & Saturday, March 26-27, 2010

### Tentative Schedule

#### FRIDAY, March 26, 2010

4:00 pm Men's Long Jump, followed by Women's Long Jump (9 to Final)  
 Women's Javelin, followed by Men's Javelin (9 to Final)  
 Men's Shot Put, followed by Women's Shot Put (9 to Final)  
 Men's Pole Vault

5:30 pm 3000m Steeple Men (1 section)  
 5:45 pm 3000m Steeple Women (1 section)  
 6:00 pm 10,000m Men (1 section)  
 6:30 pm 10,000m Women (1 section)

#### SATURDAY, March 27, 2010

9:30 am Women's Hammer, Followed by Men's Hammer  
 Women's Pole Vault

10:30 am Men's High Jump, followed by Women's High Jump

12:00 pm Women's Pole Vault  
 Women's Triple Jump, followed by Men's Triple Jump

1:00pm Women's Discus, followed by Men's Discus

12:00 pm 400M Relay Women Final  
 12:10 pm 400M Relay Men Final  
 12:15 pm 1500m Men - Heats by time  
 12:30 pm 1500m Women - Heats by time  
 12:50 pm 100m Hurdles Women Heats by time  
 1:05pm 110m Hurdles Men Heats by time  
 1:15 pm 400m Women Heats by time  
 1:30 pm 400m Men Heats by time  
 1:45 pm 100m Women Heats by time  
 2:00 pm 100m Men Heats by time  
 2:10 pm 800m Women Heats by time  
 2:20 pm 800m Men Heats by time  
 2:35 pm 400m Hurdles Women Heats by time  
 2:50 pm 400m Hurdles Men Heats by time  
 3:00 pm 200m Women - Heats by time  
 3:20 pm 200m Men - Heats by time  
 3:40 pm 5000m Women (1 section)  
 4:00 pm 5000m Men (1 section)  
 4:20 pm 4x400 Relay Women Heats by time  
 4:40 pm 4x400 Relay Men Heats by time

Measurement Minimums:	<u>Women</u>	<u>Men</u>
Long Jump	17'6"	21'6"
Triple Jump	36'	42'
Shot Put	37'	43'
Discus	120'	140'
Hammer	120'	140'
Javelin	110'	140'

Starting Heights:	<u>Women</u>	<u>Men</u>
Pole Vault	9'6"	14'
High Jump	4'11"	5'11"