



**UCF Black & Gold Challenge**  
**University of Central Florida - Orlando, FL**  
**March 20<sup>st</sup> 2010**

**Rules/Eligibility** - Events will be conducted under NCAA rules. All athletes representing intercollegiate programs must be eligible according to respective NCAA rules.

**Meet Conduct** - All running events will be conducted as finals. Field events will be conducted as preliminaries with the top nine competitors advancing to the finals for three more attempts.

**Track** - 400m – 8 lane - BSS 2000 Encapsulated Beynon Surface.

**Entry Information/Fee**

All entries must be submitted on line at [www.directathletics.com](http://www.directathletics.com). **NO REFUNDS WILL BE GIVEN**

- \$200.00 per team.
- No unattached athletes permitted.

Entry fees may be paid on line at [www.directathletics.com](http://www.directathletics.com) **NO REFUNDS WILL BE PROVIDED.**

**Entry Deadline** - Wednesday, March 17, 2010 @ midnight.

**Admission** – Complimentary.

**Packet Pickup** – Located in the clerk's tent between Nicholson Fieldhouse AND New Wayne Densch Bldg. from 8am to 1pm.

**Practice** - The track will be available for practice:

Friday – after 3:00pm.

**Warm Up area**- ALL warm-ups will be done in the practice soccer field located north of the track. **NO WARM UPS WILL BE ALLOWED ON THE INFIELD.**

**Team Areas** - Team areas will be hosted in the IOA Plaza to the West of the football stadium. This location is central to parking, warm-up area and the track complex.

**Lightening Policy** - The athletic facilities are equipped with a lightening detection system. One long siren indicates the facility must be completely evacuated IMMEDIATELY. The facility can be re-entered when three sirens are heard.

**Athlete Check-in**

- Running event participants must check-in with the meet clerk of the course located near the scoreboard on the track, no later than 30 minutes prior to the start of the scheduled event.
- Field event participants must report to the event site no later than 30 minutes prior to the start of the scheduled event.

**Parking**

Teams - Bus/van parking will be in Lot E8 – located on the north side of Brighthouse Stadium.

Spectators- E8 – the fee is \$5. Overflow parking will be located in lots E6 and E7.

Officials will be provided a parking pass by UCF meet manager.

**Implement Weigh-ins** - 8:00 – 11:00 All implements should be delivered to the facilities bldg. located north of the throwing sector during this time period for weigh-ins. Uncertified implements will be impounded and released following the event.

**Time Schedule**

A tentative time schedule is attached. Adjustments may be made to the time schedule based on number of entries. **Please check [www.ucfathletics.com](http://www.ucfathletics.com) or [www.directathletics.com](http://www.directathletics.com) on Friday evening for adjustments to the time schedule.**

**Facilities** - Restrooms will be located in the baseball concourse. Temporary facilities will be located around the track and on the warm-up field. No shower facilities are available. Administrative offices are off limits to visiting athletes and coaches.

**Athletic Trainers** - Athletic Trainers will be located in the center trailer on the track. Water and Powerade will be stationed around the track and in the warm-up area.

**Hospitality** – food and refreshments will be provided for all officials and credentialed volunteers.

**Results** – Will be posted on the south wall near New Wayne Densch Bldg. and can be found on [www.ucfathletics.com](http://www.ucfathletics.com)

**For More Information**

Jeff Chakouian- [jchakouian@athletics.ucf.edu](mailto:jchakouian@athletics.ucf.edu) or (407) 823-2411

*(Tentative)*

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**Orlando, FL**

**March 20<sup>st</sup>, 2010**

**Field Events:**

- 9:00 Javelin (men followed by women)
- 10:30 Hammer (men followed by women)
- 11:00 High Jump (women followed by men)
- 12:00 Discus (men followed by women)
- 12:15 Pole Vault (men followed by women)
- 1:10 Long Jump (women followed by men)
- 2:00 Shot (men followed by women)
- 2:55 Triple Jump (women followed by men)

**Running Events: (women followed by men)**

- 1:00 4x100M Relay
- 1:30 1500M
- 1:50 100/110 Hurdles
- 2:10 400M
- 2:25 800M
- 2:45 400H
- 3:10 200M
- 3:45 3000M Steeplechase
- 4:15 4x400M Relay

**Revised as of 01/12/2010**