

October 2009

Coaches,

You are INVITED to participate in the 49th Annual Fort Myers Optimist Edison Relays. Our meet is one of the most prestigious and competitive boys' track events in the State of Florida.

PLACE:	Edison Stadium, Fort Myers High School, Fort Myers
DATE:	Friday, March 12, 2010

TIME: 3:00 pm – Scratch Meeting ALL Coaches
(We are not responsible for transportation delays)
TIME SCHEDULE OF EVENTS ARE ENCLOSED

ENTRY FEE: \$65 per team

PARTICIPANTS: Limited to three (3) athletes in each event

FIELD EVENTS: All field participants will be given three (3) attempts with no finals

AWARDS: Awards will be presented to the 1st six places in each event
Outstanding Performance and most Points scored by an individual TEAM Awards: Will be given to the top teams.

SCORING: 1st – 10 pts; 2nd – 8 pts; 3rd – 6 pts; 4th – 5 pts;
5th – 4 pts; 6 – 3 pts; 7th – 2 pts; 8th – 1 pt

CONTACT: Richie Rode or Yancey Palmer –239-334-2167
If planning to attend please contact ASAP:
Gordonrr@leeschools.net

ENTRIES: **DUE NO LATER THAN March 9th BEFORE 2:00 pm**

www.directathletics.com. All schools must enter online using their school account. Information can be found at www.halfmiletiming.com and link from there to the Direct Athletics site.

The 49th Annual Fort Myers Optimist Edison
Relays

March 12, 2010

Event Schedule

- * Scratch Meeting** 3:00 pm
- * Field Events** **3:00 pm**
- Pole Vault 3:00 pm
 - Long Jump 3:15 pm
 - High Jump 3:15 pm
 - Shot 3:15 pm
 - Discus 3:15 pm
 - Triple Jump 5:15 pm
- *Running Event (Final)**
- JV 1600m Run 3:00 pm
 - 4x800m Relay 3:15 pm
 - Open 1600m Run 3:45 pm
- * Preliminaries** **4:00 pm**
- 110-Meter Hurdles
 - 100-Meter Dash
 - 400 Meter Dash
 - 300 Meter Hurdles
 - 200 Meter Dash
 - 800 Meter Run- OPEN
 - 3200 Meter Dash- OPEN (EVERY ENTRY MUST FINISH WITHIN 15 MINUTES)
- * Finals** **7:00 pm**
- 110 Meter Hurdles
 - 100 Meter Dash
 - Championship 1600 Mile Run
 - 4x100 Meter Relay
 - 400 Meter Dash
 - 300 Meter Hurdles
 - 800 Meter Run- (top 24 entries)- Two Heats
 - 200 Meter Dash
 - Championship 3200 Meter Dash (top 18 entries)- One Heat
 - 4x400 Meter Relay

Attention!!
Track & Field Coaches and
Athletic Directors

49th Annual Optimist Edison Relays

Site: FMHS

Friday, March 12, 2010

School _____ Coach _____ Cell Phone

Address _____ City _____ State _____ Zip

E-mail _____ - important!!!

Please Check:

Yes, we will be attending _____

No, we will not be attending _____

Fax to: 239-334-3095

Attn: Richie Rode / Yancey Palmer

Entry Fee: High School Entry Fee:
\$ 65 Boys ONLY

Send Entry Fee to:

**Fort Myers High School
Attn: Athletic Dept.
2635 Cortez Blvd.
Fort Myers, Fl 33901**

Any questions feel free to call 239-940-1980 (cell)

Please fax this form back to confirm that you will be attending. ASAP

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49th ANNUAL EDISON RELAYS

- ❖ Runners entered in the “OPEN” Races can bump others in the “championship” Race- Times will be the deciding factor
- ❖ JV Race will take place during the coaches meeting. Please plan on having someone there to help with this race. DO NOT ENTER JV RUNNERS ONLINE
- ❖ Three athletes per event
- ❖ PLEASE!!!!!! SEND IN ACCURATE TIMES
- ❖ Athletes and Coaches MUST stay off infield
- ❖ Enter ALL Milers in 1
- ❖ ***IF ANYONE IS INTERESTED IN VOLUNTEERING HIS OR HER TIME FOR THIS EVENT PLEASE FEEL FREE TO CALL Coach Richie Rode AT 239-940-1980
- ❖ THANK YOU,

FMHS COACHING STAFF