

BULLDOG CLASSIC

THE BOLLES SCHOOL

Date: Friday, March 12th, 2010

Registration: Each school must use Direct Athletics for online entries to the Bulldog Classic. To register for this year's meet, go to www.directathletics.com and enter your username and password. Find the link to the Bulldog Classic to register. If you need a username and password, email Scott Peters and we will send one to you. Entries are due no later than 11:59 p.m. Monday, March 8th. Direct athletics will not process entries after that time. Mail or bring entry check to meet. \$30 per team. \$60 for both boys and girls.

Entries: You can enter two athletes in the running events, **three in the field events**, and one relay team per event. Athletes who do not meet the standards in the distance events can sign up for the "B" races on the day of the meet. "B" races have unlimited entries. There will be minimum marks for Field events, see the Field Events Section below. Standards for the individual distance races are as follows. If you enter an athlete at a time that does not meet the standard, that entry will not be accepted. Please check the entry list on www.halfmiletiming.com the week of the meet to confirm your entries.

800: Girls: 2:35	Boys: 2:04
1600: Girls: 5:50	Boys: 4:42
3200: Girls: 13:25	Boys: 10:25

Schedule:

1:00 p.m.: Coaches Meeting in Colmery Skills Center, under stadium, next to tennis courts.
2:00 p.m.: Field Events and 4X800m
2:40 p.m.: "B" races in the following order: 100, 1600, 400, 800.
Unlimited entries – will be hand timed and not recorded.
5:00 p.m. Running Finals: Regular order of events. Heats against time; fastest first. (except 4X400; fastest last).

Field Events: Begin at 2:00 p.m. Check in at event site.

We will start with the following events all at 2:00:

	Minimum Mark (after 1 st attempt)
Boys Discus	100' 0"
(followed by girls)	70' 0"
Girls Shot	25' 0"
(followed by boys)	38' 0"
Girls Long Jump	13' 6"
(followed by Triple Jump)	28' 0"
Boys Long Jump	18' 0"
(followed by Triple Jump)	37' 0"
Boys High Jump	5' 6" Opening Height, 5'9", 6'0", 6'2", 6'4", ...
(followed by girls)	4' 4" Opening Height, 4'7", 4'10", 5'0", 5'2", ...
Girls Pole Vault	6' 0" Opening Height 7'0", 7'6", 8'0", 8'6", ...
(followed by boys)	9' 0" Opening Height 10'0", 10'6", 11'0", ...

Every athlete will have their first attempt measured in the throws and jumps. After that, that athlete must meet the minimum standard in order to receive a mark. **There will not be finals in any field events. We will be using a "Plus 1" instead of finals.** If an athlete meets the required minimum in their event, they will be allowed one additional attempt at the conclusion of their flight. The athlete's best mark out of their four attempts will be used for placing. We are using this method to allow for athletes to complete their field events before the running events begin. I apologize if this is an inconvenience.

	Minimum	Bonus*	Minimum	Bonus*
Shot Put	Girls: 25' 00"	28' 0"	Boys: 38' 00"	43' 0"
Discus	Girls: 70' 00"	80' 0"	Boys: 100' 00"	115' 0"
Long Jump	Girls: 13' 6"	14' 6"	Boys: 18' 0"	19' 6"
Triple Jump	Girls: 28' 0"	30' 0"	Boys: 37' 0"	40' 0"

Running Events:

"B" Races:

Begin at 2:40 p.m. Check in at starting line. Unlimited entries. We will attempt to run these fastest heats first. Each athlete will be given their time at the finish line by timers (hand timing). These marks will not be recorded.

Events will be in the following order (girls then boys): 100m, 1600m, 400, 800m

"Invitational Races":

Begin at 5:00 p.m. and will use fully automatic timing. These will be finals, heats against time. We will run fastest heats first (except 4X400, which will be fastest last). You can enter two athletes per running event and one team per relay event. Athletes who do not meet the standards for the distance races may sign up for the "B" races on the day of the meet. Events will be in the following order (girls then boys):

100/110H, 100, 1600, 4X100, 400, 300H, 800, 200, 3200, 4X400.

Awards: Event winners will receive a "Bulldog Classic" T-Shirt. Ribbons to places 1-8. Trophies will be given to team champions and runner-ups.

Entry Fee: \$30 per team: \$60 for both Boys and Girls team.

Entry Deadline: Entries are due on Direct Athletics no later than 11:59 p.m. Wednesday, March 4th. Mail or bring entry check to meet. \$30 per team. \$60 for both boys and girls.

Parking: There is no school the day of the meet, so parking will not be difficult. Still though, I strongly recommend that you use as few vehicles as possible. All team buses need to park in the special events parking area by the football stadium.

Admission:

\$4.00. Concession stand will be open during the meet. Concession will offer chicken, hamburger, and hotdog dinners with the proceeds benefiting the track program. Please ask your parents and team to help support our track program.

Contact Information: No fax, phone, or mailed entries will be accepted. All entries must be submitted through Direct Athletics. If you have any questions, you may contact me via email at dan_dearing@hotmail.com or by phone at (904) 234-0191. Entries will be posted on www.directathletics.com and www.flrunners.com by Monday, March 5th.

If you have any questions regarding entries, etc. you may also direct them to Scott Peters, who will be providing our timing. He can be reached at Scott@halfmiletiming.com.