



**SOUTH CAROLINA USATF ASSOCIATION
 JUNIOR OLYMPIC TRACK & FIELD CHAMPIONSHIPS
 JUNE 12TH TO 14TH, 2009
 DOUG SHAW STADIUM, 3205 N. OAK STREET, MYRTLE BEACH, SC**

Saturday, June 13th Day 2 Schedule

Events will run on a rolling schedule. These times are estimated times only. Be sure to arrive at the track at least two hours ahead of time.

Running Events:

8:30 AM	1500m Run Finals	All Divisions	Age Division may be combined
9:45	100m Trials	All Divisions	Events with 8 or fewer competitors will run as a final
12:00	4 x 800m Relay Finals	MG, MB, YG, YB, IG, IB, YW, YM	
12:30 PM	400m Trials	All Divisions	Events with 8 or fewer competitors will run as a final
2:00	200m Trials	All Divisions	Events with 8 or fewer competitors will run as a final
3:15	4 x 100m Relay Trials	All Divisions	Events with 8 or fewer competitors will run as a final
3:45	80m Hurdle Trials (30")	MG, MB	Events with 8 or fewer competitors will run as a final
4:10	100m Hurdle Trials(YG/30" YB/IG/YW- 33")	YG, YB, IG, YW	Events with 8 or fewer competitors will run as a final
4:30	110m Hurdle Trials (39")	IB, YM	Events with 8 or fewer competitors will run as a final

Field Events:

Shot Put (6 lb.)

8:30 AM	SBG, SBB
9:30	BG
10:30	BB
11:30 PM	MG
1:00	MB
2:30	YG

Pole Vault

8:30 AM	YG/IG
10:30	YW
12:30 PM	YB/IB
2:30	YM

Discus

8:30 AM	YB (1 kg)
10:00	IG (1 kg)
11:30	IB (1.6 kg)
12:30 PM	YW (1 kg)
1:30	YM (1.6 kg)

Long Jump

8:30 AM	YB (Pit #1) YM (Pit #2)
10:30	YG (Pit #1) YW (Pit #2)
12:00 PM	MB (Pit #1) IB (Pit #2)
1:30	MG (Pit #1) IG (Pit #2)

High Jump

8:30 AM	BG
9 :30	BB
10 :30	MG
11 :30	MB
12 :30 PM	IG

