

**Mid-Eastern Athletic Conference Championship - 4/30/2009 to 5/2/2009****www.halfmiletiming.com****NCAT: Greensboro, NC****Results****Event 1 Women High Jump**

NCAA D1 Reg: R 1.75m

MEAC: \$ 1.80m 2006

Brittany Robinson, Morgan State University

Name	Year	School	Finals	Points
Finals				
1 280 Artis, Jonee	JR	Norfolk State	1.65m	5-05.00 10
1.50 1.55 1.60 1.65 1.70				
P P O O XXX				
2 26 Baird, Natoya	SR	Coppin State	1.65m	5-05.00 8
1.50 1.55 1.60 1.65 1.70				
P O O XXO XXX				
3 302 Vaughn, Shanlynn	JR	Norfolk State	1.65m	5-05.00 5.50
1.50 1.55 1.60 1.65 1.70				
P P XO O XXX				
3 93 Pilliner, Suelyn	JR	Florida A&M	1.65m	5-05.00 5.50
1.50 1.55 1.60 1.65 1.70				
P P XO O XXX				
5 118 Briggs, Deshana	FR	Hampton	1.65m	5-05.00 4
1.50 1.55 1.60 1.65 1.70				
P XO XO O XXX				
6 119 Calder, Claudia	FR	Hampton	1.65m	5-05.00 3
1.50 1.55 1.60 1.65 1.70				
P O O XO XXX				
7 64 Johnson, Kristen	FR	Delaware State	1.65m	5-05.00 2
1.50 1.55 1.60 1.65 1.70				
O O XO XXO XXX				
8 59 Dillard, Christen	SR	Delaware State	1.60m	5-03.00 0.50
1.50 1.55 1.60 1.65				
P O XO XXX				
8 296 Mitchell, She'Anna	SO	Norfolk State	1.60m	5-03.00 0.50
1.50 1.55 1.60 1.65				
P P XO XXX				
10 258 Issacs, Khadeen	FR	N. Carolina A&T	1.60m	5-03.00
1.50 1.55 1.60 1.65				
P XO XO XXX				
11 250 Breeden, Amanda	SO	N. Carolina A&T	1.55m	5-01.00
1.50 1.55 1.60				
XO O XXX				
12 69 Sewell, Nykeisha	SO	Delaware State	1.55m	5-01.00
1.50 1.55 1.60				
O XXO XXX				
13 120 Fair, Ermesha	FR	Hampton	1.50m	4-11.00
1.50 1.55				
O XXX				
13 165 McKee, Alexandria	FR	Howard	1.50m	4-11.00
1.50 1.55				
O XXX				
13 41 Weekly, Salena	FR	Coppin State	1.50m	4-11.00
1.50 1.55				
O XXX				
-- 335 Moss, Andranette	SO	South Carolina St.	NH	
1.50				
XXX				

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**....Event 1 Women High Jump**

-- 338 Scott, Mironda SR South Carolina St. NH  
 1.50  
 XXX  
 -- 327 Foster, Kristi SR South Carolina St. DNS

**Event 3 Women Pole Vault**

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NCAA D1 Reg: R 3.85m

MEAC: \$ 3.35m 2007 Carolyn Lewis, Hampton

Name	Year	School	Finals	Points
1 303 Wright, Katie	FR	Norfolk State	3.26m	10-08.25 10
2.21 2.36 2.51 2.66 2.81 2.96 3.11 3.26 3.36				
P P P P P O O O XXX				
2 301 Shoates, Candace	JR	Norfolk State	2.81m	9-02.50 8
2.21 2.36 2.51 2.66 2.81 2.96				
O P XO O O XXX				
3 299 Sanders, Andrea	FR	Norfolk State	2.66m	8-08.75 6
2.21 2.36 2.51 2.66 2.81				
O O O O XXX				
4 292 Joseph, Ashleigh	SO	Norfolk State	2.66m	8-08.75 5
2.21 2.36 2.51 2.66 2.81				
XO O O O XXX				
5 231 Richardson, Shalee	SR	Morgan State	2.66m	8-08.75 4
2.21 2.36 2.51 2.66 2.81				
O O O XXO XXX				
6 67 McGroary, Victoria	SO	Delaware State	2.36m	7-08.75 3
2.21 2.36 2.51				
O XO XXX				
7 97 Suer, Antionette	SR	Florida A&M	2.36m	7-08.75 2
2.21 2.36 2.51				
O XXO XXX				
8 30 Jarvis, Crystal	SO	Coppin State	2.36m	7-08.75 1
2.21 2.36 2.51				
XO XXO XXX				
9 195 Berry, Alexander	FR	Maryland-Eastern	2.21m	7-03.00
2.21 2.36				
XO XXX				
-- 338 Scott, Mironda	SR	South Carolina St.		NH
2.21				
XXX				
-- 199 James, Ameris	FR	Maryland-Eastern		NH
2.21				
XXX				
-- 329 Govirk, Elizabeth	SR	South Carolina St.		NH
2.21				
XXX				
-- 37 Satchell, Stephani	FR	Coppin State		DNS

**Mid-Eastern Athletic Conference Championship - 4/30/2009 to 5/2/2009****www.halfmiletiming.com****NCAT: Greensboro, NC****Results****Event 5 Women Long Jump**

NCAA D1 Reg: R 6.00m

MEAC: \$ 6.34m 1983

Collette Williams, South Carolina State

Name	Year	School	Finals	Wind	Points	
1 6 Mitchell, Rockel	SR	Bethune-Cookman	5.99m	5.7	19-08.00	10
5.99m(5.7) FOUL		5.43m(1.9) FOUL	5.83m(3.3)	5.82m(2.0)		
2 253 Dixson, Brittany	SR	N. Carolina A&T	5.89m	2.6	19-04.00	8
5.73m(2.4) FOUL		5.70m(3.2) FOUL	5.89m(2.6)	5.59m(5.9)		
3 293 Kirby, Wanetta	SO	Norfolk State	5.89m	3.0	19-04.00	6
FOUL FOUL		5.89m(3.0) 5.61m(2.3) FOUL	FOUL			
4 125 Lewis, Rachel	SR	Hampton	5.80m	3.8	19-00.50	5
5.53m(3.0) 5.80m(3.8)		5.45m(2.6) 5.64m(1.3) FOUL	5.48m(0.3)			
5 281 Brown, Janet	SO	Norfolk State	5.74m	2.7	18-10.00	4
5.61m(2.8) 5.51m(2.0)		5.54m(-1.1) 5.72m(3.4)	5.61m(1.5)	5.74m(2.7)		
6 26 Baird, Natoya	SR	Coppin State	5.56m	3.5	18-03.00	3
5.40m(4.8) 5.56m(3.5)		5.24m(2.2) FOUL	5.32m(4.5)	5.53m(4.5)		
7 333 Mcwilliams, Rene	SR	South Carolina St.	5.53m	3.7	18-01.75	2
5.49m(1.1) 5.53m(3.7)		5.35m(3.7) 5.42m(5.4)	5.26m(3.5)	FOUL		
8 134 Vassell, Racquel	SO	Hampton	5.51m	3.1	18-01.00	1
5.51m(3.1) 4.86m(3.7) FOUL		FOUL FOUL FOUL	FOUL			
9 40 Taylor, Shekinah	FR	Coppin State	5.50m	2.6	18-00.50	
FOUL		5.50m(2.6) 5.46m(1.8) FOUL	5.21m(2.2)	FOUL		
10 250 Breeden, Amanda	SO	N. Carolina A&T	5.46m	1.4	17-11.00	
5.46m(1.4) 5.43m(5.8)		5.41m(1.5)				
11 339 Smith, Jasmine	JR	South Carolina St.	5.45m	1.2	17-10.75	
5.45m(1.2) FOUL(4.0)		5.42m(2.0)				
12 223 Carson, Micsha	FR	Morgan State	5.44m	4.4	17-10.25	
FOUL		5.00m(3.7) 5.44m(4.4)				
13 86 Davis, Ashante	SO	Florida A&M	5.44m	7.1	17-10.25	
FOUL		5.44m(7.1) FOUL				
13 70 Shell, Jessika	SR	Delaware State	5.44m	4.5	17-10.25	
FOUL		5.44m(4.5) FOUL				
15 96 Story, Tomika	FR	Florida A&M	5.33m	4.9	17-06.00	
5.02m(1.1) 5.11m(2.7)		5.33m(4.9)				
16 93 Pilliner, Suelyn	JR	Florida A&M	5.32m	3.0	17-05.50	
5.32m(3.0) 5.01m(3.8)		4.79m(2.6)				
17 59 Dillard, Christen	SR	Delaware State	5.31m	3.0	17-05.25	
5.10m(2.0) 5.31m(3.0)		5.17m(3.5)				
18 285 Faulkner, Victoria	SR	Norfolk State	5.18m	3.7	17-00.00	
FOUL		5.18m(3.7) FOUL				
19 120 Fair, Ermesha	FR	Hampton	5.15m	2.9	16-10.75	
FOUL FOUL		5.15m(2.9)				
20 164 Lemonious, Alexand	JR	Howard	4.98m	3.2	16-04.25	
FOUL FOUL		4.98m(3.2)				
-- 341 Vance, Tempest	JR	South Carolina St.	DNS	NWI		
-- 29 Hall, Deondrea	JR	Coppin State	DNS	NWI		

**Event 7 Women Triple Jump**

NCAA D1 Reg: R 12.32m

MEAC: \$ 13.34m 2007

Yvette Lewis, Hampton

Name	Year	School	Finals	Wind	Points
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**....Event 7 Women Triple Jump**

1	339 Smith, Jasmine	JR South Carolina St.	12.77m	2.2	41-10.75	10
	12.70m(0.8) FOUL	PASS	FOUL	12.36m(2.1)	12.77m(2.2)	
2	125 Lewis, Rachel	SR Hampton	12.07m	1.1	39-07.25	8
	11.97m(2.1) FOUL(1.5)	FOUL(1.5)	11.96m(1.5)	FOUL(1.6)	12.07m(1.1)	
3	96 Story, Tomika	FR Florida A&M	11.99m	1.4	39-04.00	6
	11.62m(1.0) FOUL(1.9)	11.89m(1.2)	11.97m(-0.3)	11.67m(-0.0)	11.99m(1.4)	
4	26 Baird, Natoya	SR Coppin State	11.96m	-0.4	39-03.00	5
	11.78m(1.8)	11.96m(-0.4) FOUL	11.83m(0.5) FOUL	FOUL		
5	253 Dixson, Brittany	SR N. Carolina A&T	11.89m	2.2	39-00.25	4
	FOUL(0.9)	11.63m(0.6)	11.78m(1.6)	11.69m(-0.0)	11.57m(2.0)	11.89m(2.2)
6	86 Davis, Ashante	SO Florida A&M	11.70m	1.4	38-04.75	3
	11.56m(1.4)	11.56m(0.3)	11.70m(1.4)	11.48m(0.9)	11.56m(0.9)	FOUL(1.5)
7	289 Hite, Alaina	FR Norfolk State	11.68m	1.2	38-04.00	2
	11.68m(1.2)	11.58m(1.7)	11.67m(0.5)	11.14m(0.1)	11.62m(1.1)	11.58m(2.1)
8	59 Dillard, Christen	SR Delaware State	11.67m	0.9	38-03.50	1
	FOUL	FOUL	11.67m(0.9)	11.60m(0.7)	FOUL	FOUL
9	281 Brown, Janet	SO Norfolk State	11.61m	1.5	38-01.25	
	11.61m(1.5)	FOUL(0.5)	11.51m(1.9)	FOUL(-0.6)	11.52m(0.9)	FOUL(3.1)
10	291 Jenkins, Tanisha	SO Norfolk State	11.36m	0.8	37-03.25	
	FOUL(0.9)	FOUL(1.7)	11.36m(0.8)			
11	60 Fan Fan, Tracey	FR Delaware State	11.34m	2.3	37-02.50	
	11.10m(2.5)	11.26m(1.9)	11.34m(2.3)			
12	120 Fair, Ermesha	FR Hampton	11.33m	2.0	37-02.25	
	11.33m(2.0)	11.11m(0.8)	FOUL			
--	223 Carson, Micsha	FR Morgan State	FOUL			
	FOUL	FOUL	PASS			
--	70 Shell, Jessika	SR Delaware State	FOUL			
	FOUL	FOUL	FOUL			
--	40 Taylor, Shekinah	FR Coppin State	FOUL			
	FOUL	FOUL	FOUL			
--	331 Jefferson, Brandi	SO South Carolina St.	FOUL			
	FOUL	FOUL	FOUL			
--	2 Austin, Analisa	SO Bethune-Cookman	DNS	NWI		
--	29 Hall, Deondrea	JR Coppin State	DNS	NWI		

**Event 9 Women Discus Throw**

NCAA D1 Reg: R 47.30m

MEAC: \$ 51.09m 1990

Tiffany Daughtry, Florida A&M

Name	Year	School	Finals	Points			
1	255 Foster, Jerrine	JR N. Carolina A&T	47.34mR	155-04 10			
	44.90m	47.13m	FOUL	46.66m	47.34m	FOUL	
2	230 Randall, Allison	JR Morgan State	44.19m	145-00 8			
	42.52m	FOUL	FOUL	41.04m	43.54m	44.19m	
3	12 Williams, Ron-Dani	SR Bethune-Cookman	43.22m	141-09 6			
	42.83m	FOUL	FOUL	43.15m	43.22m	38.93m	
4	116 Blaylock, Nielah	SR Hampton	41.09m	134-10 5			
	41.09m	FOUL	FOUL	38.62m	33.12m	39.66m	FOUL
5	254 Forrester, Katheri	JR N. Carolina A&T	40.72m	133-07 4			
	40.59m	40.72m	FOUL	37.87m	32.87m	FOUL	
6	206 Woodward, Saisha	SR Maryland-Eastern	40.38m	132-06 3			
	34.85m	FOUL	FOUL	FOUL	40.38m	FOUL	
7	127 McGregor, Kristal	JR Hampton	40.24m	132-00 2			
	40.24m	FOUL	36.81m	FOUL	39.08m	35.34m	

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**....Event 9 Women Discus Throw**

8	8 Ruffin, Maketa	SO Bethune-Cookman	38.42m	126-00	1
	38.42m FOUL FOUL 34.92m FOUL FOUL				
9	336 Rothmiller, Shamir	FR South Carolina St.	37.14m	121-10	
	FOUL FOUL 37.14m FOUL FOUL FOUL				
10	135 Watkins, Jocelyn	SO Hampton	36.89m	121-00	
	36.89m FOUL 34.90m				
11	236 Williams, Tia	FR Morgan State	34.71m	113-10	
	33.50m 33.72m 34.71m				
12	155 Bell, Chanel	FR Howard	34.58m	113-05	
	FOUL 34.58m FOUL				
13	198 Henry, Vanessa	FR Maryland-Eastern	33.85m	111-01	
	33.84m 33.85m FOUL				
14	328 Fowler, Eileena	FR South Carolina St.	32.83m	107-08	
	FOUL 32.83m 28.24m				
15	162 Jenkins, Krystal	SO Howard	32.66m	107-02	
	28.78m 30.95m 32.66m				
16	204 Wheeler, Joycelyn	SO Maryland-Eastern	31.20m	102-04	
	29.67m 31.20m FOUL				
17	63 Hovington, Morgan	SR Delaware State	24.42m	80-01	
	24.42m 23.50m FOUL				
--	153 Aaten-White, Mya	FR Howard	FOUL		
	FOUL FOUL FOUL				
--	84 Booker, Takeira	FR Florida A&M	FOUL		
	FOUL FOUL FOUL				
--	221 Bronson, Leitawsha	SR Morgan State	DNS		

**Event 13 Women Javelin Throw**

NCAA D1 Reg: R 43.45m

MEAC: \$ 49.40m

Name	Year School	Finals	Points
1 206 Woodward, Saisha	SR Maryland-Eastern	42.27m	138-08 10
	36.27m 38.21m FOUL 36.95m FOUL 42.27m		
2 336 Rothmiller, Shamir	FR South Carolina St.	41.56m	136-04 8
	36.44m 35.08m 31.22m 36.63m 41.56m FOUL		
3 115 Black, Amanda	SR Hampton	35.65m	116-11 6
	31.91m FOUL 26.77m 31.29m 32.90m 35.65m		
4 285 Faulkner, Victoria	SR Norfolk State	34.47m	113-01 5
	32.27m 29.24m 31.77m 31.93m 34.47m 30.88m		
5 154 Abernathy, Norell	FR Howard	33.82m	110-11 4
	27.29m 28.48m 32.13m 33.30m 30.39m 33.82m		
6 26 Baird, Natoya	SR Coppin State	33.35m	109-05 3
	33.06m FOUL 32.17m 29.04m 33.35m 24.69m		
7 236 Williams, Tia	FR Morgan State	32.63m	107-01 2
	32.63m 31.85m 30.00m FOUL FOUL 30.00m		
8 88 Francis, Ann-Marie	JR Florida A&M	30.17m	99-00 1
	25.15m 29.93m FOUL 28.75m 29.35m 30.17m		
9 302 Vaughn, Shanlynn	JR Norfolk State	29.99m	98-05
	28.85m 29.99m 20.83m 23.00m 27.90m 28.53m		
10 230 Randall, Allison	JR Morgan State	29.81m	97-10
	FOUL 29.81m 24.72m		
11 41 Weekly, Salena	FR Coppin State	29.69m	97-05
	29.11m 29.69m FOUL		

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12	30 Jarvis, Crystal	SO Coppin State	28.54m	93-08
	28.54m 27.00m 24.81m			
13	198 Henry, Vanessa	FR Maryland-Eastern	27.43m	90-00
	FOUL 27.43m FOUL			
14	8 Ruffin, Maketa	SO Bethune-Cookman	25.43m	83-05
	FOUL 25.43m 22.10m			
15	288 Harris, Tiphani	SO Norfolk State	25.17m	82-07
	25.17m 23.46m FOUL			
16	220 Adams, Ashley	SO Morgan State	24.24m	79-06
	22.04m 24.24m FOUL			
17	135 Watkins, Jocelyn	SO Hampton	23.11m	75-10
	21.71m FOUL 23.11m			
18	204 Wheeler, Joycelyn	SO Maryland-Eastern	21.89m	71-10
	20.74m 21.89m 16.73m			
19	258 Issacs, Khadeen	FR N. Carolina A&T	21.67m	71-01
	17.08m 21.67m FOUL			
20	97 Suer, Antionette	SR Florida A&M	17.23m	56-06
	17.23m 14.77m 12.32m			
--	327 Foster, Kristi	SR South Carolina St.	DNS	

**Event 15 Women Shot Put**

NCAA D1 Reg: R 14.30m

MEAC: \$ 14.69m 2008

Leitawsha Bronson, Morgan State

Name	Year School	Finals	Points
1 336 Rothmiller, Shamir	FR South Carolina St.	14.97m\$ 49-01.50	10
	13.63m 13.73m 13.91m 14.03m 14.97m 14.74m		
2 198 Henry, Vanessa	FR Maryland-Eastern	14.91m\$ 48-11.00	8
	14.91m 14.52m 14.16m 14.40m FOUL FOUL		
3 12 Williams, Ron-Dani	SR Bethune-Cookman	14.76m\$ 48-05.25	6
	14.24m 14.57m 14.76m 14.66m 14.69m 14.45m		
4 255 Foster, Jerrine	JR N. Carolina A&T	14.68mR 48-02.00	5
	13.80m 13.88m 14.65m 14.46m 14.39m 14.68m		
5 221 Bronson, Leitawsha	SR Morgan State	14.59mR 47-10.50	4
	14.59m 14.59m FOUL FOUL FOUL 14.39m		
6 254 Forrester, Katheri	JR N. Carolina A&T	14.14m 46-04.75	3
	12.73m 13.48m 12.85m 14.10m 13.71m 14.14m		
7 206 Woodward, Saisha	SR Maryland-Eastern	13.82m 45-04.25	2
	12.79m FOUL FOUL FOUL 13.43m 13.82m		
8 236 Williams, Tia	FR Morgan State	12.99m 42-07.50	1
	12.21m 12.99m 12.45m FOUL FOUL FOUL		
9 135 Watkins, Jocelyn	SO Hampton	12.51m 41-00.50	
	FOUL FOUL 12.51m FOUL 11.85m 12.41m		
10 155 Bell, Chanel	FR Howard	12.26m 40-02.75	
	11.66m FOUL 12.26m		
11 63 Hovington, Morgan	SR Delaware State	12.22m 40-01.25	
	11.14m 12.22m 11.93m		
12 127 McGregor, Kristal	JR Hampton	12.04m 39-06.00	
	11.40m 12.04m FOUL		
13 84 Booker, Takeira	FR Florida A&M	11.37m 37-03.75	
	FOUL FOUL 11.37m		
14 328 Fowler, Eileena	FR South Carolina St.	10.50m 34-05.50	
	10.21m FOUL 10.50m		

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15	204 Wheeler, Joycelyn	SO Maryland-Eastern	10.49m	34-05.00
	FOUL 10.49m 10.39m			
16	162 Jenkins, Krystal	SO Howard	9.54m	31-03.75
	9.19m FOUL 9.54m			
--	153 Aaten-White, Mya	FR Howard	FOUL	
	FOUL FOUL FOUL			
--	230 Randall, Allison	JR Morgan State	FOUL	
	FOUL PASS PASS			
--	32 LaGrier, Tiffany	FR Coppin State	DNS	
--	35 Manely, Jeanine	FR Coppin State	DNS	

**Event 17 Women 100 Meter Dash****8 Advance: Top 1 Each Heat plus Next 4 Best Times**

NCAA D1 Reg: R 11.75

MEAC: \$ 11.45 2000

Shaunta Pelham, Florida A&amp;M

Name	Year	School	Prelims	Wind	H#
Preliminaries					
1	7	Munroe, Dianne	SR Bethune-Cookman	11.47Q	3.4 1
2	134	Vassell, Racquel	SO Hampton	11.59Q	2.1 3
3	283	Claiborne, Shannek	FR Norfolk State	11.63Q	2.7 2
4	333	McWilliams, Rene	SR South Carolina St.	11.66Q	2.4 4
5	9	Tongue, Jessica	FR Bethune-Cookman	11.67q	2.4 4 11.664
6	89	Gillis, Ashley	SR Florida A&M	11.67q	2.4 4 11.669
7	259	Lawson, Krystin	FR N. Carolina A&T	11.67q	2.1 3 11.670
8	61	Franklin, NeKisha	SR Delaware State	11.68q	2.7 2
9	225	Hines, Ashley	JR Morgan State	11.73	2.4 4
10	11	Williams, Nickesha	JR Bethune-Cookman	11.76	2.7 2 11.751
11	130	Richards, Petrice	JR Hampton	11.76	3.4 1 11.757
12	286	Flowers, Tierra	JR Norfolk State	11.77	2.4 4
13	284	Davenport, Portia	JR Norfolk State	11.83	3.4 1
14	330	Gracia, Monique	FR South Carolina St.	11.90	3.4 1
15	334	Mobley, Nicole	JR South Carolina St.	11.97	2.7 2
16	88	Francis, Ann-Marie	JR Florida A&M	12.01	2.1 3
17	224	Hill, Tendai	JR Morgan State	12.20	3.4 1
18	252	Carrington, Crysta	SO N. Carolina A&T	12.22	3.4 1
19	57	Blake, Ashley	JR Delaware State	12.32	2.4 4
20	36	Sanders, Neicy	SR Coppin State	12.41	2.1 3
21	226	Johnson, Quawnecia	JR Morgan State	12.44	2.7 2
22	87	Forbes, Jesseka	SR Florida A&M	12.46	2.7 2
23	40	Taylor, Shekinah	FR Coppin State	12.84	2.7 2
24	161	Jackson, Latayvia	JR Howard	12.91	2.1 3
--	2	Austin, Analisa	SO Bethune-Cookman	DNF	2.1 3
--	197	Hawkins, Monique	FR Maryland-Eastern	DNS	3.4 1
--	58	Brown, Kamera	JR Delaware State	DNS	2.1 3

**Mid-Eastern Athletic Conference Championship - 4/30/2009 to 5/2/2009****www.halfmiletiming.com****NCAT: Greensboro, NC****Results****Event 17 Women 100 Meter Dash**

NCAA D1 Reg: R 11.75

MEAC: \$ 11.45 2000

Shaunta Pelham, Florida A&amp;M

Name	Year	School	Finals	Wind	Points
<b>Finals</b>					
1	61	Franklin, NeKisha	SR Delaware State	11.62R -0.5	10
2	7	Munroe, Dianne	SR Bethune-Cookman	11.64R -0.5	8
3	333	Mcwilliams, Rene	SR South Carolina St.	11.71R -0.5	6
4	134	Vassell, Racquel	SO Hampton	11.72R -0.5	5 11.714
5	9	Tongue, Jessica	FR Bethune-Cookman	11.72R -0.5	4 11.718
6	283	Claiborne, Shannek	FR Norfolk State	11.76 -0.5	3
7	259	Lawson, Krystin	FR N. Carolina A&T	11.77 -0.5	2
8	89	Gillis, Ashley	SR Florida A&M	11.83 -0.5	1

**Event 19 Women 200 Meter Dash****8 Advance: Top 1 Each Heat plus Next 4 Best Times**

NCAA D1 Reg: R 23.96

MEAC: \$ 23.05 2000

Shaunta Pelham, Florida A&amp;M

Name	Year	School	Prelims	Wind	H#
<b>Preliminaries</b>					
1	61	Franklin, NeKisha	SR Delaware State	R 23.59Q 1.0	3
2	126	McCorory, Francena	JR Hampton	R 23.68Q -1.3	2
3	166	McNary, Lauren	SR Howard	23.90Q 2.7	4
4	7	Munroe, Dianne	SR Bethune-Cookman	R 23.92Q -0.1	1
5	134	Vassell, Racquel	SO Hampton	R 23.82q 1.0	3
6	300	Sanford, Dania	SO Norfolk State	23.99q 2.7	4
7	259	Lawson, Krystin	FR N. Carolina A&T	24.02q 1.0	3
8	89	Gillis, Ashley	SR Florida A&M	24.16q 2.7	4
9	225	Hines, Ashley	JR Morgan State	24.19 -0.1	1
10	284	Davenport, Portia	JR Norfolk State	24.38 -1.3	2
11	293	Kirby, Wanetta	SO Norfolk State	24.40 -0.1	1
12	257	Hunt, Ruth	FR N. Carolina A&T	24.47 2.7	4
13	11	Williams, Nickesha	JR Bethune-Cookman	24.51 -1.3	2
14	130	Richards, Petrice	JR Hampton	24.52 2.7	4
15	334	Mobley, Nicole	JR South Carolina St.	24.59 -0.1	1
16	88	Francis, Ann-Marie	JR Florida A&M	24.70 1.0	3
17	66	Kelly, Ayanna	FR Delaware State	24.90 -1.3	2
18	57	Blake, Ashley	JR Delaware State	25.03 2.7	4
19	226	Johnson, Quawnecia	JR Morgan State	25.05 -1.3	2
20	36	Sanders, Neicy	SR Coppin State	25.20 1.0	3
21	335	Moss, Andranette	SO South Carolina St.	25.37 -1.3	2
22	34	Leigh, Samantha	SO Coppin State	25.45 -0.1	1
23	252	Carrington, Crysta	SO N. Carolina A&T	25.46 -1.3	2
24	85	Cunningham, LaKend	SR Florida A&M	25.59 -0.1	1
25	338	Scott, Mironda	SR South Carolina St.	26.01 1.0	3
26	202	Royster, Talithia	FR Maryland-Eastern	27.36 2.7	4
--	232	Robinson, Jamia	JR Morgan State	DNF 2.7	4
--	2	Austin, Analisa	SO Bethune-Cookman	DNS 1.0	3
--	161	Jackson, Latayvia	JR Howard	DNS -0.1	1
--	197	Hawkins, Monique	FR Maryland-Eastern	DNS 1.0	3

**Mid-Eastern Athletic Conference Championship - 4/30/2009 to 5/2/2009****www.halfmiletiming.com****NCAT: Greensboro, NC****Results****Event 19 Women 200 Meter Dash**

NCAA D1 Reg: R 23.96

MEAC: \$ 23.05 2000

Shaunta Pelham, Florida A&amp;M

Name	Year	School	Finals	Wind	Points
<b>Finals</b>					
1 126		McCorory, Francena	JR Hampton	23.23R -2.7	10
2 134		Vassell, Racquel	SO Hampton	23.58R -2.7	8
3 7		Munroe, Dianne	SR Bethune-Cookman	23.62R -2.7	6
4 61		Franklin, NeKisha	SR Delaware State	23.63R -2.7	5
5 166		McNary, Lauren	SR Howard	24.04 -2.7	4
6 89		Gillis, Ashley	SR Florida A&M	24.21 -2.7	3
7 300		Sanford, Dania	SO Norfolk State	24.41 -2.7	2
8 259		Lawson, Krystin	FR N. Carolina A&T	24.67 -2.7	1

**Event 21 Women 400 Meter Dash****8 Advance: Top 1 Each Heat plus Next 4 Best Times**

NCAA D1 Reg: R 54.61

MEAC: \$ 51.54 2008

Francena McCorory, Hampton

Name	Year	School	Prelims	H#
<b>Preliminaries</b>				
1 264		Spruiel, Alexander	SR N. Carolina A&T	R 52.98Q 1
2 227		Kendrick, Tanisha	SO Morgan State	R 54.56Q 2
3 126		McCorory, Francena	JR Hampton	54.92Q 4
4 232		Robinson, Jamia	JR Morgan State	56.32Q 3
5 166		McNary, Lauren	SR Howard	54.70q 2
6 233		Sloan, Avionne	SO Morgan State	56.13q 4
7 85		Cunningham, LaKend	SR Florida A&M	56.60q 1
8 256		Gray, Christina	SR N. Carolina A&T	56.72q 3 56.717
9 337		Sampson, Shari	SR South Carolina St.	56.72 4 56.718
10 90		Hulse, Jeanette	FR Florida A&M	56.77 3
11 131		Richmond, Leah	SO Hampton	56.96 1
12 98		Wright, Latoya	SO Florida A&M	57.02 4
13 300		Sanford, Dania	SO Norfolk State	57.03 4
14 66		Kelly, Ayanna	FR Delaware State	57.38 1
15 168		Stephens, Brittany	JR Howard	57.41 4
16 325		Allen, Natalee	SR South Carolina St.	57.47 2
17 38		Stepney, Quantika	FR Coppin State	57.59 2
18 34		Leigh, Samantha	SO Coppin State	57.89 1
19 260		Mitchell, Carmenta	SR N. Carolina A&T	57.96 2
20 335		Moss, Andranette	SO South Carolina St.	58.07 3
21 60		Fan Fan, Tracey	FR Delaware State	58.16 3
22 10		Wilbon, Lashodra	FR Bethune-Cookman	58.90 3
23 62		Harrison, Jessica	SO Delaware State	59.68 2
24 297		Moore, Shaniqua	FR Norfolk State	59.92 3
25 202		Royster, Talithia	FR Maryland-Eastern	1:00.00 2
26 163		King, Azalia	SO Howard	1:00.59 1
-- 192		Lendor, Danai	SO Maryland-Eastern	DQ 1 Lane Violation

**Mid-Eastern Athletic Conference Championship - 4/30/2009 to 5/2/2009****www.halfmiletiming.com****NCAT: Greensboro, NC****Results****Event 21 Women 400 Meter Dash**

NCAA D1 Reg: R 54.61

MEAC: \$ 51.54 2008

Francena McCorory, Hampton

Name	Year	School	Finals	Points
<b>Finals</b>				
1	126	McCorory, Francena	JR Hampton	51.75R 10
2	264	Spruiel, Alexander	SR N. Carolina A&T	51.95R 8
3	166	McNary, Lauren	SR Howard	52.97R 6
4	233	Sloan, Avionne	SO Morgan State	55.64 5
5	227	Kendrick, Tanisha	SO Morgan State	55.80 4
6	85	Cunningham, LaKend	SR Florida A&M	55.81 3
7	256	Gray, Christina	SR N. Carolina A&T	56.43 2
8	232	Robinson, Jamia	JR Morgan State	58.95 1

**Event 23 Women 100 Meter Hurdles****8 Advance: Top 1 Each Heat plus Next 5 Best Times**

NCAA D1 Reg: R 13.92

MEAC: \$ 13.16 2006

Yvette Lewis, Hampton

Name	Year	School	Prelims	Wind	H#
<b>Preliminaries</b>					
1	263	Smith, Loreal	SR N. Carolina A&T	\$ 13.14Q	1.4 2
2	156	Buckley, Landria	JR Howard	R 13.48Q	1.8 3
3	4	Burke, Tavia	JR Bethune-Cookman	R 13.67Q	1.1 1
4	134	Vassell, Racquel	SO Hampton	R 13.52q	1.8 3
5	133	Smith, Michelle	SR Hampton	R 13.81q	1.1 1
6	3	Bardge, Crystal	SO Bethune-Cookman	R 13.85q	1.4 2
7	261	Newton, Kendra	SR N. Carolina A&T	R 13.89q	1.1 1
8	164	Lemonious, Alexand	JR Howard	13.96q	1.4 2
9	330	Gracia, Monique	FR South Carolina St.	14.04	1.8 3
10	220	Adams, Ashley	SO Morgan State	14.08	1.1 1
11	333	Mcwilliams, Rene	SR South Carolina St.	14.27	1.4 2
12	26	Baird, Natoya	SR Coppin State	14.28	1.1 1
13	9	Tongue, Jessica	FR Bethune-Cookman	14.29	1.8 3
14	294	Matthews, Ashantia	FR Norfolk State	14.74	1.4 2
15	169	Wallace, Janelle	SO Howard	14.83	1.1 1
16	262	Reddic, Lydia	SO N. Carolina A&T	14.88	1.8 3
17	331	Jefferson, Brandi	SO South Carolina St.	14.94	1.1 1
18	285	Faulkner, Victoria	SR Norfolk State	15.92	1.8 3
--	29	Hall, Deondrea	JR Coppin State	DNS	1.4 2

**Event 23 Women 100 Meter Hurdles**

NCAA D1 Reg: R 13.92

MEAC: \$ 13.16 2006

Yvette Lewis, Hampton

Name	Year	School	Finals	Wind	Points
<b>Finals</b>					
1	263	Smith, Loreal	SR N. Carolina A&T	13.30	2.4 10
2	4	Burke, Tavia	JR Bethune-Cookman	13.56	2.4 8
3	156	Buckley, Landria	JR Howard	13.59	2.4 6
4	134	Vassell, Racquel	SO Hampton	13.62	2.4 5
5	3	Bardge, Crystal	SO Bethune-Cookman	13.90	2.4 4

**Mid-Eastern Athletic Conference Championship - 4/30/2009 to 5/2/2009****www.halfmiletiming.com****NCAT: Greensboro, NC****Results****....Event 23 Women 100 Meter Hurdles**

6	261 Newton, Kendra	SR N. Carolina A&T	14.13	2.4	3
7	133 Smith, Michelle	SR Hampton	14.14	2.4	2
8	164 Lemonious, Alexand	JR Howard	14.36	2.4	1

**Event 25 Women 400 Meter Hurdles****8 Advance: Top 2 Each Heat plus Next 2 Best Times**

NCAA D1 Reg: R 1:00.82

MEAC: \$ 57.42 2002 Chloe Davis, Hampton

Name	Year	School	Prelims	H#
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**Preliminaries**

1	156 Buckley, Landria	JR Howard	R 59.30Q	1
2	298 Pickett, Allyssa	JR Norfolk State	R 1:00.71Q	2
3	98 Wright, Latoya	SO Florida A&M	1:01.72Q	3
4	263 Smith, Loreal	SR N. Carolina A&T	R 1:00.08Q	1
5	3 Bardge, Crystal	SO Bethune-Cookman	1:02.18Q	2
6	234 Smalls, Kamice	FR Morgan State	1:02.20Q	3
7	192 Lendor, Danai	SO Maryland-Eastern	1:03.17q	1
8	123 Harris, Margaret	SO Hampton	1:03.55q	2
9	251 Cadlett, Janee	JR N. Carolina A&T	1:04.31	3
10	119 Calder, Claudia	FR Hampton	1:05.70	3
11	95 Shields, Helena	FR Florida A&M	1:06.23	2
12	329 Govirk, Elizabeth	SR South Carolina St.	1:06.41	2
13	220 Adams, Ashley	SO Morgan State	1:06.49	2
14	69 Sewell, Nykeisha	SO Delaware State	1:06.83	1
15	331 Jefferson, Brandi	SO South Carolina St.	1:06.85	1
16	222 Campbell, Lauren	FR Morgan State	1:08.49	1
17	33 Lane, Brandi	JR Coppin State	1:08.82	1
18	157 Daniels, Lillian	SR Howard	1:09.53	2
19	28 Glenn, Trave	FR Coppin State	1:12.47	3
20	169 Wallace, Janelle	SO Howard	1:24.05	3
--	341 Vance, Tempest	JR South Carolina St.	DNS	3

**Event 25 Women 400 Meter Hurdles**

NCAA D1 Reg: R 1:00.82

MEAC: \$ 57.42 2002 Chloe Davis, Hampton

Name	Year	School	Finals	Points
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**Finals**

1	156 Buckley, Landria	JR Howard	58.22R	10
2	263 Smith, Loreal	SR N. Carolina A&T	58.70R	8
3	98 Wright, Latoya	SO Florida A&M	58.96R	6
4	298 Pickett, Allyssa	JR Norfolk State	59.14R	5
5	3 Bardge, Crystal	SO Bethune-Cookman	59.36R	4
6	192 Lendor, Danai	SO Maryland-Eastern	1:01.64	3
7	123 Harris, Margaret	SO Hampton	1:01.65	2
8	234 Smalls, Kamice	FR Morgan State	1:03.60	1

**Mid-Eastern Athletic Conference Championship - 4/30/2009 to 5/2/2009****www.halfmiletiming.com****NCAT: Greensboro, NC****Results****Event 27 Women 4x100 Meter Relay**

NCAA D1 Reg: R 45.70

MEAC: \$ 44.97 2007

Hampton, Hampton

School	Finals	H#	Points
1 Bethune-Cookman	45.05R	2	10
1) 4 Burke, Tavia JR	2) 7 Munroe, Dianne SR		
3) 11 Williams, Nickesha JR	4) 9 Tongue, Jessica FR		
2 Norfolk State	45.10R	2	8
1) 286 Flowers, Tierra JR	2) 293 Kirby, Wanetta SO		
3) 284 Davenport, Portia JR	4) 283 Claiborne, Shanneka FR		
3 N. Carolina A&T	45.34R	2	6
1) 252 Carrington, Crystal SO	2) 259 Lawson, Krystin FR		
3) 263 Smith, Loreal SR	4) 264 Spruiel, Alexanderia SR		
4 Hampton	45.60R	2	5
1) 126 McCorory, Francena JR	2) 134 Vassell, Racquel SO		
3) 130 Richards, Petrice JR	4) 122 Glenn, Septima SR		
5 South Carolina St.	46.14	2	4
1) 337 Sampson, Shari SR	2) 334 Mobley, Nicole JR		
3) 333 Mcwilliams, Rene SR	4) 330 Gracia, Monique FR		
6 Florida A&M	46.22	2	3
1) 88 Francis, Ann-Marie JR	2) 89 Gillis, Ashley SR		
3) 85 Cunningham, LaKendra SR	4) 98 Wright, Latoya SO		
7 Delaware State	46.24	1	2
1) 60 Fan Fan, Tracey FR	2) 61 Franklin, NeKisha SR		
3) 66 Kelly, Ayanna FR	4) 57 Blake, Ashley JR		
8 Morgan State	47.13	2	1
1) 234 Smalls, Kamice FR	2) 224 Hill, Tendai JR		
3) 225 Hines, Ashley JR	4) 227 Kendrick, Tanisha SO		
9 Howard	47.89	1	
1) 164 Lemonious, Alexandria JR	2) 156 Buckley, Landria JR		
3) 168 Stephens, Brittany JR	4) 166 McNary, Lauren SR		
-- Coppin State	DNF	1	
1) 26 Baird, Natoya SR	2) 34 Leigh, Samantha SO		
3) 40 Taylor, Shekinah FR	4) 36 Sanders, Neicy SR		

**Event 29 Women 4x400 Meter Relay**

NCAA D1 Reg: R 3:42.00

MEAC: \$ 3:36.83 2006

North Carolina A&amp;T, North Carolina A&amp;C. Mitchell, A. Spruiel, P. Blackmon, C. Clark

School	Finals	H#	Points
1 Howard	3:41.13R	2	10
1) 166 McNary, Lauren SR	2) 168 Stephens, Brittany JR		
3) 156 Buckley, Landria JR	4) 158 Hardy, Jami FR		
2 N. Carolina A&T	3:41.96R	2	8
1) 263 Smith, Loreal SR	2) 264 Spruiel, Alexanderia SR		
3) 260 Mitchell, Carmenta SR	4) 256 Gray, Christina SR		
3 Norfolk State	3:43.00	1	6
1) 298 Pickett, Allyssa JR	2) 300 Sanford, Dania SO		
3) 284 Davenport, Portia JR	4) 293 Kirby, Wanetta SO		
4 Hampton	3:43.27	2	5
1) 126 McCorory, Francena JR	2) 134 Vassell, Racquel SO		
3) 121 Flood, Starema SR	4) 123 Harris, Margaret SO		

**Mid-Eastern Athletic Conference Championship - 4/30/2009 to 5/2/2009**

**www.halfmiletiming.com**

**NCAT: Greensboro, NC**

**Results**

**....Event 29 Women 4x400 Meter Relay**

5	Maryland-Eastern Shore	3:45.87	2	4
	1) 205 Whyte, Celia SR		2) 192 Lendor, Danai SO	
	3) 201 Jones, Eunice FR		4) 193 Anais, Cynthia FR	
6	Florida A&M	3:46.74	2	3
	1) 90 Hulse, Jeanette FR		2) 98 Wright, Latoya SO	
	3) 89 Gillis, Ashley SR		4) 85 Cunningham, LaKendra SR	
7	South Carolina St.	3:47.54	2	2
	1) 325 Allen, Natalee SR		2) 335 Moss, Andranette SO	
	3) 337 Sampson, Shari SR		4) 329 Govirk, Elizabeth SR	
8	Delaware State	3:48.36	1	1
	1) 60 Fan Fan, Tracey FR		2) 61 Franklin, NeKisha SR	
	3) 62 Harrison, Jessica SO		4) 66 Kelly, Ayanna FR	
9	Coppin State	3:55.21	1	
	1) 38 Stepney, Quantika FR		2) 34 Leigh, Samantha SO	
	3) 28 Glenn, Trave FR		4) 36 Sanders, Neicy SR	
--	Bethune-Cookman	DNS		2
	1) 2 Austin, Analisa SO		2) 7 Munroe, Dianne SR	
	3) 3 Bardge, Crystal SO		4) 10 Wilbon, Lashodra FR	
--	Morgan State	DNS		2
	1) 227 Kendrick, Tanisha SO		2) 232 Robinson, Jamia JR	
	3) 233 Sloan, Avionne SO		4) 226 Johnson, Quawnecia JR	

**Event 31 Women 800 Meter Run**

**8 Advance: Top 2 Each Heat plus Next 2 Best Times**

=====  
 NCAA D1 Reg: R 2:09.80

MEAC: \$ 2:08.56 1992

Diana Pitts, Coppin State

Name	Year	School	Prelims	H#
=====				
Preliminaries				
1	193	Anais, Cynthia	FR Maryland-Eastern	2:11.44Q 3
2	200	James, Merrecia	SR Maryland-Eastern	2:12.29Q 1
3	201	Jones, Eunice	FR Maryland-Eastern	2:15.47Q 2
4	158	Hardy, Jami	FR Howard	2:12.04Q 3
5	5	Condell, Alexandri	JR Bethune-Cookman	2:12.92Q 1
6	205	Whyte, Celia	SR Maryland-Eastern	2:16.05Q 2
7	159	Hodges, Ashley	SO Howard	2:12.98q 1
8	121	Flood, Starema	SR Hampton	2:13.73q 1
9	38	Stepney, Quantika	FR Coppin State	2:16.38 3
10	129	Morris, Janean	JR Hampton	2:18.59 2
11	91	Listhrop, Nichola	SO Florida A&M	2:18.77 3
12	124	Jones, Kenya	JR Hampton	2:21.82 3
13	62	Harrison, Jessica	SO Delaware State	2:21.87 3
14	95	Shields, Helena	FR Florida A&M	2:23.26 1
15	332	Lawson, Lauren	SR South Carolina St.	2:24.57 2
16	27	Duncan, Latasha	FR Coppin State	2:25.57 2
17	65	Jones, Alisha	FR Delaware State	2:26.22 1
18	342	Williams, Amber	FR South Carolina St.	2:29.38 1
19	326	Daniley, Patrecia	FR South Carolina St.	2:32.72 3
20	92	Morgan, Philicia	SO Florida A&M	2:35.82 2
21	170	Woodruff, Amelia	FR Howard	2:49.67 2
--	229	Oliver, Tyshia	FR Morgan State	DNS 1
--	235	Vargas, Adrianna	SR Morgan State	DNS 3
--	228	McCollum, Vivian	JR Morgan State	DNS 2

**Mid-Eastern Athletic Conference Championship - 4/30/2009 to 5/2/2009****www.halfmiletiming.com****NCAT: Greensboro, NC****Results****Event 31 Women 800 Meter Run**

NCAA D1 Reg: R 2:09.80

MEAC: \$ 2:08.56 1992 Diana Pitts, Coppin State

Name	Year	School	Finals	Points
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## Finals

1	193	Anais, Cynthia	FR Maryland-Eastern	2:10.10	10
2	201	Jones, Eunice	FR Maryland-Eastern	2:10.41	8
3	205	Whyte, Celia	SR Maryland-Eastern	2:10.76	6
4	200	James, Merrecia	SR Maryland-Eastern	2:11.11	5
5	158	Hardy, Jami	FR Howard	2:11.29	4
6	121	Flood, Starema	SR Hampton	2:16.71	3
7	159	Hodges, Ashley	SO Howard	2:17.13	2
8	5	Condell, Alexandri	JR Bethune-Cookman	2:20.83	1

**Event 33 Women 1500 Meter Run**

NCAA D1 Reg: R 4:27.80

MEAC: \$ 4:35.19 1993 Diana Pitts, Coppin State

Name	Year	School	Finals	Points
------	------	--------	--------	--------

1	200	James, Merrecia	SR Maryland-Eastern	4:38.99	10
2	159	Hodges, Ashley	SO Howard	4:39.15	8
3	205	Whyte, Celia	SR Maryland-Eastern	4:41.10	6
4	201	Jones, Eunice	FR Maryland-Eastern	4:44.18	5
5	128	Medlin, Krystle	SR Hampton	4:45.18	4
6	193	Anais, Cynthia	FR Maryland-Eastern	4:45.22	3
7	5	Condell, Alexandri	JR Bethune-Cookman	4:47.56	2
8	203	Thomas, Tamica	JR Maryland-Eastern	4:50.66	1
9	340	Stewart, Brittney	FR South Carolina St.	4:52.65	
10	91	Listhrop, Nichola	SO Florida A&M	4:55.47	
11	39	Tanui, Naomi	SR Coppin State	5:01.60	
12	94	Ransom, Kelle	SO Florida A&M	5:02.47	
13	326	Daniley, Patrecia	FR South Carolina St.	5:02.54	
14	68	Ross, Mallory	SR Delaware State	5:02.75	
15	132	Smith, Jahlisa	SO Hampton	5:08.96	
16	124	Jones, Kenya	JR Hampton	5:10.79	
17	27	Duncan, Latasha	FR Coppin State	5:12.29	
18	342	Williams, Amber	FR South Carolina St.	5:15.57	
19	287	Gee, Syeeda	FR Norfolk State	5:16.91	
20	290	Hutto, Jamia	FR Norfolk State	5:17.49	
21	65	Jones, Alisha	FR Delaware State	5:17.81	
22	31	Kelly, Juashanna	FR Coppin State	5:20.32	
23	129	Morris, Janean	JR Hampton	5:34.32	
--	282	Chichester, Jennif	SO Norfolk State	DNF	
--	167	Myles, Tamila	SO Howard	DNF	
--	160	Jackson, Brittany	SO Howard	DNS	
--	235	Vargas, Adrianna	SR Morgan State	DNS	
--	228	McCollum, Vivian	JR Morgan State	DNS	

**Mid-Eastern Athletic Conference Championship - 4/30/2009 to 5/2/2009****www.halfmiletiming.com****NCAT: Greensboro, NC****Results****Event 35 Women 5000 Meter Run**

NCAA D1 Reg: R 16:52.00

MEAC: \$ 17:41.41 2007 Merrecia James, Maryland Eastern

Name	Year	School	Finals	Points	
1	128	Medlin, Krystle	SR Hampton	18:15.21	10
2	39	Tanui, Naomi	SR Coppin State	18:19.94	8
3	340	Stewart, Brittney	FR South Carolina St.	18:29.70	6
4	200	James, Merrecia	SR Maryland-Eastern	18:50.31	5
5	203	Thomas, Tamica	JR Maryland-Eastern	18:53.17	4
6	201	Jones, Eunice	FR Maryland-Eastern	19:10.57	3
7	132	Smith, Jahlisa	SO Hampton	19:15.64	2
8	68	Ross, Mallory	SR Delaware State	19:18.62	1
9	295	Miles, Tia	JR Norfolk State	20:09.84	
10	27	Duncan, Latasha	FR Coppin State	20:42.81	
11	290	Hutto, Jamia	FR Norfolk State	20:46.90	
12	124	Jones, Kenya	JR Hampton	21:04.50	
13	117	Branch, Jasmin	SO Hampton	21:24.01	
14	282	Chichester, Jennif	SO Norfolk State	21:37.64	
15	31	Kelly, Juashanna	FR Coppin State	22:02.30	
16	94	Ransom, Kelle	SO Florida A&M	22:29.48	

**Event 37 Women 3000 Meter Steeplechase**

NCAA D1 Reg: R 10:50.25

Name	Year	School	Finals	Points	
1	128	Medlin, Krystle	SR Hampton	11:29.75	10
2	200	James, Merrecia	SR Maryland-Eastern	11:40.59	8
3	340	Stewart, Brittney	FR South Carolina St.	11:44.20	6
4	203	Thomas, Tamica	JR Maryland-Eastern	11:57.69	5
5	167	Myles, Tamila	SO Howard	12:37.23	4
6	326	Daniley, Patrecia	FR South Carolina St.	12:37.79	3
7	27	Duncan, Latasha	FR Coppin State	12:38.91	2
8	295	Miles, Tia	JR Norfolk State	12:42.11	1
9	231	Richardson, Shalee	SR Morgan State	13:01.81	
10	31	Kelly, Juashanna	FR Coppin State	13:18.35	
11	342	Williams, Amber	FR South Carolina St.	13:25.63	
--	132	Smith, Jahlisa	SO Hampton	DNF	
--	69	Sewell, Nykeisha	SO Delaware State	DNF	
--	287	Gee, Syeeda	FR Norfolk State	DQ	Ran inside lane 1
--	282	Chichester, Jennif	SO Norfolk State	DNS	

**Event 39 Women Heptathlon**

MEAC: \$ 4963 2003 Robin McClain, Morgan State Universi

NCAA Auto: A 5500

NCAA Prov: P 5050

Name	Year	School	Finals	Points	
1	26	Baird, Natoya	SR Coppin State	4956	10
2	285	Faulkner, Victoria	SR Norfolk State	4721	8
3	291	Jenkins, Tanisha	SO Norfolk State	4563	6
4	294	Matthews, Ashantia	FR Norfolk State	4290	5
5	120	Fair, Ermesha	FR Hampton	3984	4

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**....Event 39 Women Heptathlon**

6	64	Johnson, Kristen	FR Delaware State	3962	3
7	69	Sewell, Nykeisha	SO Delaware State	3961	2
8	220	Adams, Ashley	SO Morgan State	3942	1
9	118	Briggs, Deshana	FR Hampton	3879	
10	331	Jefferson, Brandi	SO South Carolina St.	3568	

**Event 39 Heptathlon: #1 Women 100 Meter Hurdles Heptathlon**

Name	Year	School	Finals	Wind	H#	Points	
1	26	Baird, Natoya	SR Coppin State	14.22	-0.5	3	947
2	285	Faulkner, Victoria	SR Norfolk State	14.47	-0.5	3	913
3	341	Vance, Tempest	JR South Carolina St.	14.55	-1.4	4	902
4	220	Adams, Ashley	SO Morgan State	14.57	-0.8	1	899
5	294	Matthews, Ashantia	FR Norfolk State	14.59	-1.4	4	897
6	291	Jenkins, Tanisha	SO Norfolk State	15.36	-1.4	4	795
7	331	Jefferson, Brandi	SO South Carolina St.	15.42	-1.1	2	787
8	64	Johnson, Kristen	FR Delaware State	15.83	-1.4	4	735
9	120	Fair, Ermesha	FR Hampton	16.50	-0.8	1	654
10	118	Briggs, Deshana	FR Hampton	16.81	-1.1	2	618
11	69	Sewell, Nykeisha	SO Delaware State	16.84	-0.5	3	615
12	327	Foster, Kristi	SR South Carolina St.	17.38	-0.8	1	554
--	29	Hall, Deondrea	JR Coppin State	DNS	-1.1	2	

**Event 39 Heptathlon: #2 Women High Jump Heptathlon**

Name	Year	School	Finals	Points
1	26	Baird, Natoya	SR Coppin State	1.70m 5-07.00 855
			1.22 1.25 1.28 1.31 1.34 1.37 1.40 1.43 1.46 1.49 1.52 1.55 1.58 1.61 1.64 1.67 1.70 1.73	
			P P P P P P P P P P P P O O O O O XO O XXX	
2	118	Briggs, Deshana	FR Hampton	1.67m 5-05.75 818
			1.22 1.25 1.28 1.31 1.34 1.37 1.40 1.43 1.46 1.49 1.52 1.55 1.58 1.61 1.64 1.67 1.70	
			P P P P P P P P P P P P O O XO O XXO XXX	
2	64	Johnson, Kristen	FR Delaware State	1.67m 5-05.75 818
			1.22 1.25 1.28 1.31 1.34 1.37 1.40 1.43 1.46 1.49 1.52 1.55 1.58 1.61 1.64 1.67 1.70	
			P P P P P P P P O O O O O O O XXO O XXX	
4	69	Sewell, Nykeisha	SO Delaware State	1.58m 5-02.25 712
			1.22 1.25 1.28 1.31 1.34 1.37 1.40 1.43 1.46 1.49 1.52 1.55 1.58 1.61	
			P P P XO O O O O XO O XXO XXO XO XXX	
5	291	Jenkins, Tanisha	SO Norfolk State	1.52m 4-11.75 644
			1.22 1.25 1.28 1.31 1.34 1.37 1.40 1.43 1.46 1.49 1.52 1.55	
			P P P P P P P P O O O O O XXX	
5	341	Vance, Tempest	JR South Carolina St.	1.52m 4-11.75 644
			1.22 1.25 1.28 1.31 1.34 1.37 1.40 1.43 1.46 1.49 1.52 1.55	
			P P P O O O O O O XXO XO XXX	
7	220	Adams, Ashley	SO Morgan State	1.49m 4-10.50 610
			1.22 1.25 1.28 1.31 1.34 1.37 1.40 1.43 1.46 1.49 1.52	
			P P P P P P P P P O O XXX	
8	294	Matthews, Ashantia	FR Norfolk State	1.46m 4-09.50 577
			1.22 1.25 1.28 1.31 1.34 1.37 1.40 1.43 1.46 1.49	
			P P P O O O O O O XO XXX	

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8	285 Faulkner, Victoria	SR Norfolk State	1.46m	4-09.50	577
	1.22 1.25 1.28 1.31 1.34 1.37 1.40 1.43 1.46 1.49				
	P P P P P O O O O XXX				
10	331 Jefferson, Brandi	SO South Carolina St.	1.43m	4-08.25	544
	1.22 1.25 1.28 1.31 1.34 1.37 1.40 1.43 1.46				
	O P O O O XO O XXO XXX				
10	120 Fair, Ermesha	FR Hampton	1.43m	4-08.25	544
	1.22 1.25 1.28 1.31 1.34 1.37 1.40 1.43 1.46				
	P P P P P O XO O XXX				
12	327 Foster, Kristi	SR South Carolina St.	1.40m	4-07.00	512
	1.22 1.25 1.28 1.31 1.34 1.37 1.40 1.43				
	P P P XO O O XO XXX				
--	29 Hall, Deondrea	JR Coppin State		DNS	

**Event 39 Heptathlon: #3 Women Shot Put Heptathlon**

Name	Year School	Finals	Points
1 285 Faulkner, Victoria	SR Norfolk State	12.91m 42-04.25	721
		12.34m 12.26m 12.91m	
2 291 Jenkins, Tanisha	SO Norfolk State	10.84m 35-06.75	585
		FOUL 10.84m 9.47m	
3 341 Vance, Tempest	JR South Carolina St.	10.82m 35-06.00	583
		9.55m 10.82m 10.50m	
4 294 Matthews, Ashantia	FR Norfolk State	10.52m 34-06.25	564
		9.01m FOUL 10.52m	
5 120 Fair, Ermesha	FR Hampton	10.43m 34-02.75	558
		10.15m 10.43m 10.39m	
6 220 Adams, Ashley	SO Morgan State	10.27m 33-08.50	547
		8.93m 9.39m 10.27m	
7 26 Baird, Natoya	SR Coppin State	9.86m 32-04.25	520
		9.58m 9.48m 9.86m	
8 327 Foster, Kristi	SR South Carolina St.	8.27m 27-01.75	417
		7.51m 7.73m 8.27m	
9 118 Briggs, Deshana	FR Hampton	8.19m 26-10.50	412
		7.65m 7.91m 8.19m	
10 331 Jefferson, Brandi	SO South Carolina St.	7.35m 24-01.50	357
		FOUL 7.35m 6.68m	
11 64 Johnson, Kristen	FR Delaware State	7.32m 24-00.25	356
		6.68m 7.17m 7.32m	
12 69 Sewell, Nykeisha	SO Delaware State	6.99m 22-11.25	334
		6.56m 6.99m 6.62m	
--	29 Hall, Deondrea	JR Coppin State	DNS

**Event 39 Heptathlon: #4 Women 200 Meter Dash Heptathlon**

Name	Year School	Finals	Wind H#	Points
1 220 Adams, Ashley	SO Morgan State	25.54 -0.3 2	838	
2 294 Matthews, Ashantia	FR Norfolk State	25.77 -0.3 2	817	
3 26 Baird, Natoya	SR Coppin State	25.96 -0.3 2	801	
4 285 Faulkner, Victoria	SR Norfolk State	26.16 -0.3 2	783	
5 291 Jenkins, Tanisha	SO Norfolk State	26.21 -0.3 2	779	
6 69 Sewell, Nykeisha	SO Delaware State	27.03 -1.4 1	709	

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7	64 Johnson, Kristen	FR Delaware State	27.60	-1.4	1	663
8	118 Briggs, Deshana	FR Hampton	27.76	-0.3	2	650
9	120 Fair, Ermesha	FR Hampton	27.84	-0.3	2	643
10	331 Jefferson, Brandi	SO South Carolina St.	27.85	-0.3	2	643
11	327 Foster, Kristi	SR South Carolina St.	28.02	-1.4	1	629
--	341 Vance, Tempest	JR South Carolina St.	DNF	-1.4	1	
--	29 Hall, Deondrea	JR Coppin State	DNS	-1.4	1	

**Event 39 Heptathlon: #5 Women Long Jump Heptathlon**

Name	Year School	Finals	Wind	Points
1 26 Baird, Natoya	SR Coppin State	5.77m	NWI 18-11.25	780
5.44m(NWI) FOUL	5.77m(NWI)			
2 291 Jenkins, Tanisha	SO Norfolk State	5.66m	NWI 18-07.00	747
5.42m(NWI) 5.46m(NWI) 5.66m(NWI)				
3 294 Matthews, Ashantia	FR Norfolk State	5.47m	NWI 17-11.50	691
FOUL 5.47m(NWI) FOUL				
4 285 Faulkner, Victoria	SR Norfolk State	5.36m	NWI 17-07.00	660
4.92m(NWI) 5.08m(NWI) 5.36m(NWI)				
5 120 Fair, Ermesha	FR Hampton	5.21m	NWI 17-01.25	617
5.11m(NWI) 5.21m(NWI) 5.02m(NWI)				
6 69 Sewell, Nykeisha	SO Delaware State	5.10m	NWI 16-08.75	587
5.07m(NWI) 5.10m(NWI) 5.00m(NWI)				
7 64 Johnson, Kristen	FR Delaware State	5.06m	NWI 16-07.25	576
4.89m(NWI) 5.06m(NWI) 5.06m(NWI)				
8 118 Briggs, Deshana	FR Hampton	4.79m	NWI 15-08.75	503
4.79m(NWI) FOUL 4.49m(NWI)				
9 331 Jefferson, Brandi	SO South Carolina St.	4.38m	NWI 14-04.50	398
FOUL 4.38m(NWI) FOUL				
-- 220 Adams, Ashley	SO Morgan State	FOUL		
FOUL FOUL FOUL				
-- 327 Foster, Kristi	SR South Carolina St.	DNS	NWI	
-- 29 Hall, Deondrea	JR Coppin State	DNS	NWI	
-- 341 Vance, Tempest	JR South Carolina St.	DNS	NWI	

**Event 39 Heptathlon: #6 Women Javelin Throw Heptathlon**

Name	Year School	Finals	Points
1 26 Baird, Natoya	SR Coppin State	33.52m	110-00 543
32.12m FOUL 33.52m			
2 285 Faulkner, Victoria	SR Norfolk State	32.55m	106-09 525
25.45m 32.55m 32.09m			
3 291 Jenkins, Tanisha	SO Norfolk State	27.73m	91-00 434
21.10m 24.92m 27.73m			
4 220 Adams, Ashley	SO Morgan State	26.81m	87-11 416
26.81m 23.95m 23.76m			
5 120 Fair, Ermesha	FR Hampton	25.30m	83-00 388
25.27m 25.30m 23.26m			
6 118 Briggs, Deshana	FR Hampton	23.42m	76-10 353
18.00m 22.36m 23.42m			
7 69 Sewell, Nykeisha	SO Delaware State	23.16m	76-00 348
23.16m 22.24m 21.79m			

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**....Event 39 Heptathlon: #6 Women Javelin Throw Heptathlon**

8	294 Matthews, Ashantia	FR Norfolk State	23.11m	75-10	347
	17.77m 23.11m FOUL				
9	64 Johnson, Kristen	FR Delaware State	19.91m	65-04	287
	16.05m 12.94m 19.91m				
10	331 Jefferson, Brandi	SO South Carolina St.	17.01m	55-10	234
	15.32m 15.01m 17.01m				
--	341 Vance, Tempest	JR South Carolina St.	DNS		
--	327 Foster, Kristi	SR South Carolina St.	DNS		
--	29 Hall, Deondrea	JR Coppin State	DNS		

**Event 39 Heptathlon: #7 Women 800 Meter Run Heptathlon**

Name	Year	School	Finals	Points	
1	69	Sewell, Nykeisha	SO Delaware State	2:32.94	656
2	220	Adams, Ashley	SO Morgan State	2:34.97	632
3	331	Jefferson, Brandi	SO South Carolina St.	2:37.21	605
4	120	Fair, Ermesha	FR Hampton	2:39.39	580
5	291	Jenkins, Tanisha	SO Norfolk State	2:39.44	579
6	285	Faulkner, Victoria	SR Norfolk State	2:42.76	542
7	64	Johnson, Kristen	FR Delaware State	2:44.12	527
8	118	Briggs, Deshana	FR Hampton	2:44.22	525
9	26	Baird, Natoya	SR Coppin State	2:45.59	510
10	294	Matthews, Ashantia	FR Norfolk State	2:56.67	397
--	341	Vance, Tempest	JR South Carolina St.	DNS	
--	327	Foster, Kristi	SR South Carolina St.	DNS	
--	29	Hall, Deondrea	JR Coppin State	DNS	

**Women - Team Rankings - 19 Events Scored**

1) Hampton	119	2) Maryland-Eastern Shore	109
3) Norfolk State	106	4) N. Carolina A&T	82
5) Bethune-Cookman	70	6) Howard	59
7) South Carolina St.	57	8) Coppin State	40
9) Florida A&M	36.50	10) Morgan State	32
11) Delaware State	30.50		

**Men - Team Rankings - 19 Events Scored**

1) Norfolk State	133.50	2) Hampton	104
3) Maryland-Eastern Shore	93.50	4) N. Carolina A&T	84
5) Morgan State	73	6) Delaware State	68
7) Bethune-Cookman	41	8) Florida A&M	39
9) Coppin State	36	10) South Carolina St.	34
11) Howard	31		