

Mid-Eastern Athletic Conference Championship - 4/30/2009 to 5/2/2009

www.halfmiletiming.com

NCAT: Greensboro, NC

Results - Thursday

Event 39 Heptathlon: #1 Women 100 Meter Hurdles Heptathlon

Name	Year School	Finals	Wind H#	Points
Finals				
1 26 Baird, Natoya	SR Coppin State	14.22	-0.5 3	947
2 285 Faulkner, Victoria	SR Norfolk State	14.47	-0.5 3	913
3 341 Vance, Tempest	JR South Carolina St.	14.55	-1.4 4	902
4 220 Adams, Ashley	SO Morgan State	14.57	-0.8 1	899
5 294 Matthews, Ashantia	FR Norfolk State	14.59	-1.4 4	897
6 291 Jenkins, Tanisha	SO Norfolk State	15.36	-1.4 4	795
7 331 Jefferson, Brandi	SO South Carolina St.	15.42	-1.1 2	787
8 64 Johnson, Kristen	FR Delaware State	15.83	-1.4 4	735
9 120 Fair, Ermesha	FR Hampton	16.50	-0.8 1	654
10 118 Briggs, Deshana	FR Hampton	16.81	-1.1 2	618
11 69 Sewell, Nykeisha	SO Delaware State	16.84	-0.5 3	615
12 327 Foster, Kristi	SR South Carolina St.	17.38	-0.8 1	554
-- 29 Hall, Deondrea	JR Coppin State	DNS	-1.1 2	

Event 39 Heptathlon: #2 Women High Jump Heptathlon

Name	Year School	Finals	Points
1 26 Baird, Natoya	SR Coppin State	1.70m 5-07.00	855
1.22 1.25 1.28 1.31 1.34 1.37 1.40 1.43 1.46 1.49 1.52 1.55 1.58 1.61 1.64 1.67 1.70 1.73			
P P P P P P P P P P P O O O O XO O XXX			
2 118 Briggs, Deshana	FR Hampton	1.67m 5-05.75	818
1.22 1.25 1.28 1.31 1.34 1.37 1.40 1.43 1.46 1.49 1.52 1.55 1.58 1.61 1.64 1.67 1.70			
P P P P P P P P P P P O O XO O XXO XXX			
2 64 Johnson, Kristen	FR Delaware State	1.67m 5-05.75	818
1.22 1.25 1.28 1.31 1.34 1.37 1.40 1.43 1.46 1.49 1.52 1.55 1.58 1.61 1.64 1.67 1.70			
P P P P P P P O O O O O XXO O XXX			
4 69 Sewell, Nykeisha	SO Delaware State	1.58m 5-02.25	712
1.22 1.25 1.28 1.31 1.34 1.37 1.40 1.43 1.46 1.49 1.52 1.55 1.58 1.61			
P P P XO O O O O XO O XXO XXO XO XXX			
5 291 Jenkins, Tanisha	SO Norfolk State	1.52m 4-11.75	644
1.22 1.25 1.28 1.31 1.34 1.37 1.40 1.43 1.46 1.49 1.52 1.55			
P P P P P P P P O O O O XXX			
5 341 Vance, Tempest	JR South Carolina St.	1.52m 4-11.75	644
1.22 1.25 1.28 1.31 1.34 1.37 1.40 1.43 1.46 1.49 1.52 1.55			
P P P O O O O O O XXO XO XXX			
7 220 Adams, Ashley	SO Morgan State	1.49m 4-10.50	610
1.22 1.25 1.28 1.31 1.34 1.37 1.40 1.43 1.46 1.49 1.52			
P P P P P P P P P O O XXX			
8 294 Matthews, Ashantia	FR Norfolk State	1.46m 4-09.50	577
1.22 1.25 1.28 1.31 1.34 1.37 1.40 1.43 1.46 1.49			
P P P O O O O O XO XXX			
8 285 Faulkner, Victoria	SR Norfolk State	1.46m 4-09.50	577
1.22 1.25 1.28 1.31 1.34 1.37 1.40 1.43 1.46 1.49			
P P P P P O O O O XXX			
10 331 Jefferson, Brandi	SO South Carolina St.	1.43m 4-08.25	544
1.22 1.25 1.28 1.31 1.34 1.37 1.40 1.43 1.46			
O P O O O XO O XXO XXX			
10 120 Fair, Ermesha	FR Hampton	1.43m 4-08.25	544
1.22 1.25 1.28 1.31 1.34 1.37 1.40 1.43 1.46			
P P P P P O XO O XXX			

Mid-Eastern Athletic Conference Championship - 4/30/2009 to 5/2/2009**www.halfmiletiming.com****NCAT: Greensboro, NC****Results - Thursday****....Event 39 Heptathlon: #2 Women High Jump Heptathlon**

12	327 Foster, Kristi	SR South Carolina St.	1.40m	4-07.00	512
	1.22 1.25 1.28 1.31 1.34 1.37 1.40 1.43				
	P P P XO O O XO XXX				
--	29 Hall, Deondrea	JR Coppin State		DNS	

Event 39 Heptathlon: #3 Women Shot Put Heptathlon

Name	Year School	Finals	Points
1 285 Faulkner, Victoria	SR Norfolk State	12.91m	42-04.25 721
		12.34m 12.26m 12.91m	
2 291 Jenkins, Tanisha	SO Norfolk State	10.84m	35-06.75 585
		FOUL 10.84m 9.47m	
3 341 Vance, Tempest	JR South Carolina St.	10.82m	35-06.00 583
		9.55m 10.82m 10.50m	
4 294 Matthews, Ashantia	FR Norfolk State	10.52m	34-06.25 564
		9.01m FOUL 10.52m	
5 120 Fair, Ermesha	FR Hampton	10.43m	34-02.75 558
		10.15m 10.43m 10.39m	
6 220 Adams, Ashley	SO Morgan State	10.27m	33-08.50 547
		8.93m 9.39m 10.27m	
7 26 Baird, Natoya	SR Coppin State	9.86m	32-04.25 520
		9.58m 9.48m 9.86m	
8 327 Foster, Kristi	SR South Carolina St.	8.27m	27-01.75 417
		7.51m 7.73m 8.27m	
9 118 Briggs, Deshana	FR Hampton	8.19m	26-10.50 412
		7.65m 7.91m 8.19m	
10 331 Jefferson, Brandi	SO South Carolina St.	7.35m	24-01.50 357
		FOUL 7.35m 6.68m	
11 64 Johnson, Kristen	FR Delaware State	7.32m	24-00.25 356
		6.68m 7.17m 7.32m	
12 69 Sewell, Nykeisha	SO Delaware State	6.99m	22-11.25 334
		6.56m 6.99m 6.62m	
--	29 Hall, Deondrea	JR Coppin State	DNS

Event 39 Heptathlon: #4 Women 200 Meter Dash Heptathlon

Name	Year School	Finals	Wind H#	Points
1 220 Adams, Ashley	SO Morgan State	25.54	-0.3 2	838
2 294 Matthews, Ashantia	FR Norfolk State	25.77	-0.3 2	817
3 26 Baird, Natoya	SR Coppin State	25.96	-0.3 2	801
4 285 Faulkner, Victoria	SR Norfolk State	26.16	-0.3 2	783
5 291 Jenkins, Tanisha	SO Norfolk State	26.21	-0.3 2	779
6 69 Sewell, Nykeisha	SO Delaware State	27.03	-1.4 1	709
7 64 Johnson, Kristen	FR Delaware State	27.60	-1.4 1	663
8 118 Briggs, Deshana	FR Hampton	27.76	-0.3 2	650
9 120 Fair, Ermesha	FR Hampton	27.84	-0.3 2	643
10 331 Jefferson, Brandi	SO South Carolina St.	27.85	-0.3 2	643
11 327 Foster, Kristi	SR South Carolina St.	28.02	-1.4 1	629
--	341 Vance, Tempest	JR South Carolina St.	DNF -1.4 1	
--	29 Hall, Deondrea	JR Coppin State	DNS -1.4 1	

Mid-Eastern Athletic Conference Championship - 4/30/2009 to 5/2/2009**www.halfmiletiming.com****NCAT: Greensboro, NC****Results - Thursday****Event 40 Decathlon: #1 Men 100 Meter Dash Decathlon**

Name	Year School	Finals	Wind	H#	Points
1 81 Sivels, Darius	FR Delaware State	11.20	-0.6	2	817
2 316 Shelton, Darris	FR Norfolk State	11.30	-0.6	2	795
2 248 Taylor-Watson, Dak	SR Morgan State	11.30	-0.6	2	795
4 345 Brown, Leighton	FR South Carolina St.	11.49	-1.8	1	755
5 140 Dixon, Damon	SO Hampton	11.51	-0.6	2	750
6 209 Dix, Jermol	FR Maryland-Eastern	11.53	-0.6	2	746
7 147 Ramsey, Stephen	SR Hampton	11.55	-1.8	1	742
8 323 Whitties, Meredith	JR Norfolk State	11.57	-0.6	2	738
9 343 Axson, Dashan	SO South Carolina St.	11.82	-1.8	1	687
9 348 Elmore, Mark	JR South Carolina St.	11.82	-0.6	2	687
11 219 Strachan, Jamahl	SR Maryland-Eastern	11.93	-1.8	1	665
12 305 Cooper, Algernon	SR Norfolk State	12.01	-1.8	1	649
13 111 Washington, Philli	SO Florida A&M	12.23	-0.6	2	606

Event 40 Decathlon: #2 Men Long Jump Decathlon

Name	Year School	Finals	Wind	Points	
1 316 Shelton, Darris	FR Norfolk State	7.14m	0.4	23-05.25	847
6.69m(-1.9) 7.02m(+0.0) 7.14m(0.4)					
2 248 Taylor-Watson, Dak	SR Morgan State	6.57m	-0.9	21-06.75	713
5.97m(-1.0) 6.04m(-0.7) 6.57m(-0.9)					
3 140 Dixon, Damon	SO Hampton	6.55m	-0.8	21-06.00	709
6.55m(-0.8) 5.75m(-1.1) 6.33m(-1.3)					
4 81 Sivels, Darius	FR Delaware State	6.32m	NWI	20-09.00	657
5.61m(-0.9) FOUL(-0.1) 6.32m(-0.0)					
5 219 Strachan, Jamahl	SR Maryland-Eastern	6.24m	+0.0	20-05.75	639
6.00m(-1.2) 6.24m(+0.0) 4.55m(+0.0)					
6 209 Dix, Jermol	FR Maryland-Eastern	6.22m	-0.3	20-05.00	635
6.22m(-0.3) 5.92m(-0.2) FOUL(2.0)					
7 147 Ramsey, Stephen	SR Hampton	6.14m	NWI	20-01.75	617
6.14m(-0.0) 5.89m(-0.4) 5.96m(-1.2)					
8 305 Cooper, Algernon	SR Norfolk State	6.11m	0.2	20-00.50	610
5.86m(-1.9) 5.91m(-0.6) 6.11m(0.2)					
9 323 Whitties, Meredith	JR Norfolk State	6.08m	-1.2	19-11.50	604
6.07m(-0.1) FOUL(-0.9) 6.08m(-1.2)					
10 345 Brown, Leighton	FR South Carolina St.	6.07m	NWI	19-11.00	602
6.01m(-0.6) 6.07m(-0.0) 5.45m(-0.3)					
11 111 Washington, Philli	SO Florida A&M	5.88m	-1.0	19-03.50	561
5.54m(-1.0) 5.83m(-1.7) 5.88m(-1.0)					
12 348 Elmore, Mark	JR South Carolina St.	5.66m	-0.2	18-07.00	514
FOUL(-0.3) 5.66m(-0.2) FOUL(2.0)					
13 343 Axson, Dashan	SO South Carolina St.	5.09m	-2.1	16-08.50	400
5.09m(-2.1) 4.27m(-0.0) FOUL(-0.7)					

Event 40 Decathlon: #3 Men Shot Put Decathlon

Name	Year School	Finals	Points	
1 248 Taylor-Watson, Dak	SR Morgan State	11.64m	38-02.25	585
11.49m 11.64m 11.02m				

Mid-Eastern Athletic Conference Championship - 4/30/2009 to 5/2/2009

www.halfmiletiming.com

NCAT: Greensboro, NC

Results - Thursday

....Event 40 Decathlon: #4 Men High Jump Decathlon

9	345	Brown, Leighton	FR	South Carolina St.	1.67m	5-05.75	520
		1.52 1.55 1.58 1.61 1.64 1.67 1.70					
		O O XO O O XO XXX					
9	209	Dix, Jermol	FR	Maryland-Eastern	1.67m	5-05.75	520
		1.52 1.55 1.58 1.61 1.64 1.67 1.70					
		P P O P O O XXX					
9	323	Whitties, Meredith	JR	Norfolk State	1.67m	5-05.75	520
		1.52 1.55 1.58 1.61 1.64 1.67 1.70					
		O O O XXO XO XXO XXX					
12	348	Elmore, Mark	JR	South Carolina St.	1.64m	5-04.50	496
		1.52 1.55 1.58 1.61 1.64 1.67					
		P O P O XO XXX					
13	343	Axson, Dashan	SO	South Carolina St.	1.61m	5-03.25	472
		1.52 1.55 1.58 1.61 1.64					
		P O O XXO XXX					

Event 40 Decathlon: #5 Men 400 Meter Dash Decathlon

Name	Year	School	Finals	H#	Points		
1	140	Dixon, Damon	SO	Hampton	50.28	2	802
2	81	Sivels, Darius	FR	Delaware State	50.41	1	796
3	323	Whitties, Meredith	JR	Norfolk State	51.15	1	762
4	316	Shelton, Darris	FR	Norfolk State	51.41	2	751
5	345	Brown, Leighton	FR	South Carolina St.	51.46	2	749
6	209	Dix, Jermol	FR	Maryland-Eastern	51.54	2	745
7	147	Ramsey, Stephen	SR	Hampton	51.97	2	726
8	219	Strachan, Jamahl	SR	Maryland-Eastern	52.27	2	713
9	348	Elmore, Mark	JR	South Carolina St.	52.78	2	691
10	343	Axson, Dashan	SO	South Carolina St.	53.90	1	644
11	248	Taylor-Watson, Dak	SR	Morgan State	53.92	2	643
12	111	Washington, Philli	SO	Florida A&M	55.36	1	584
13	305	Cooper, Algernon	SR	Norfolk State	58.93	1	450

Women - Team Rankings - 4 Events Scored

1) Norfolk State	29	2) Hampton	22
2) Maryland-Eastern Shore	22	4) Coppin State	21
5) South Carolina St.	18	6) N. Carolina A&T	16
6) Bethune-Cookman	16	8) Delaware State	6
8) Morgan State	6		

Men - Team Rankings - 4 Events Scored

1) Norfolk State	51.50	2) Morgan State	20
3) N. Carolina A&T	19	4) Hampton	17
5) Maryland-Eastern Shore	16.50	6) Florida A&M	14
7) South Carolina St.	12	8) Howard	4
9) Bethune-Cookman	2		