

Mid-Eastern Athletic Conference Championship - 4/30/2009 to 5/2/2009

www.halfmiletiming.com

NCAT: Greensboro, NC

Results - Friday

Event 2 Men High Jump

NCAA D1 Reg: R 2.10m

MEAC: \$ 2.25m 1993

Chris Gay, Florida A&M

Name	Year	School	Finals	Points
Finals				
1	324	Woods, Marlon	JR Norfolk State	2.15mR 7-00.50 10
	1.80	1.85 1.90 1.95	2.00 2.05 2.10 2.15 2.20	
	P	P P P	XO O XO XO XXX	
2	238	Blocker, James	JR Morgan State	2.10mR 6-10.75 8
	1.80	1.85 1.90 1.95	2.00 2.05 2.10 2.15	
	P	P P P P	P O O XXX	
3	217	Moore, James	JR Maryland-Eastern	2.05m 6-08.75 5.50
	1.80	1.85 1.90 1.95	2.00 2.05 2.10	
	P	P P P O	XO XO XXX	
3	321	Vinston, Corey	SO Norfolk State	2.05m 6-08.75 5.50
	1.80	1.85 1.90 1.95	2.00 2.05 2.10	
	O	O P O	XO XO XXX	
5	104	McCloud, Antwonne	FR Florida A&M	2.00m 6-06.75 4
	1.80	1.85 1.90 1.95	2.00 2.05	
	P	P P P P	O XXX	
6	308	Hall, Raphael	JR Norfolk State	2.00m 6-06.75 3
	1.80	1.85 1.90 1.95	2.00 2.05 2.10	
	P	P P P O	XO P XXX	
7	278	Smith, Gordon	SR N. Carolina A&T	2.00m 6-06.75 2
	1.80	1.85 1.90 1.95	2.00 2.05	
	P	P P O XXO	XO XXX	
8	140	Dixon, Damon	SO Hampton	1.95m 6-04.75 1
	1.80	1.85 1.90 1.95	2.00	
	P	P P XXO	O XXX	
9	184	Rosa, Benjamin	FR Howard	1.95m 6-04.75
	1.80	1.85 1.90 1.95	2.00	
	O	XO XXO	O XXX	
10	19	Howard, DJ	FR Bethune-Cookman	1.85m 6-00.75
	1.80	1.85 1.90		
	P	XXO XXX		
11	72	Brisco, Isaiah	FR Delaware State	1.85m 6-00.75
	1.80	1.85 1.90		
	XXO	XXO XXX		
--	81	Sivels, Darius	FR Delaware State	NH
	1.80			
	XX			
--	219	Strachan, Jamahl	SR Maryland-Eastern	NH
	1.80	1.85 1.90		
	P	P XXX		
--	352	Knight, Levar	JR South Carolina St.	NH
	1.80	1.85 1.90		
	P	P XXX		

Mid-Eastern Athletic Conference Championship - 4/30/2009 to 5/2/2009**www.halfmiletiming.com****NCAT: Greensboro, NC****Results - Friday****Event 3 Women Pole Vault**

NCAA D1 Reg: R 3.85m

MEAC: \$ 3.35m 2007

Carolyn Lewis, Hampton

Name	Year	School	Finals	Points
1 303 Wright, Katie	FR	Norfolk State	3.26m 10-08.25	10
2.21 2.36 2.51 2.66 2.81 2.96 3.11 3.26 3.36				
P P P P P O O O XXX				
2 301 Shoates, Candace	JR	Norfolk State	2.81m 9-02.50	8
2.21 2.36 2.51 2.66 2.81 2.96				
O P XO O O XXX				
3 299 Sanders, Andrea	FR	Norfolk State	2.66m 8-08.75	6
2.21 2.36 2.51 2.66 2.81				
O O O O XXX				
4 292 Joseph, Ashleigh	SO	Norfolk State	2.66m 8-08.75	5
2.21 2.36 2.51 2.66 2.81				
XO O O O XXX				
5 231 Richardson, Shalee	SR	Morgan State	2.66m 8-08.75	4
2.21 2.36 2.51 2.66 2.81				
O O O XXO XXX				
6 67 McGroary, Victoria	SO	Delaware State	2.36m 7-08.75	3
2.21 2.36 2.51				
O XO XXX				
7 97 Suer, Antionette	SR	Florida A&M	2.36m 7-08.75	2
2.21 2.36 2.51				
O XXO XXX				
8 30 Jarvis, Crystal	SO	Coppin State	2.36m 7-08.75	1
2.21 2.36 2.51				
XO XXO XXX				
9 195 Berry, Alexander	FR	Maryland-Eastern	2.21m 7-03.00	
2.21 2.36				
XO XXX				
-- 338 Scott, Mironda	SR	South Carolina St.	NH	
2.21				
XXX				
-- 199 James, Ameris	FR	Maryland-Eastern	NH	
2.21				
XXX				
-- 329 Govirk, Elizabeth	SR	South Carolina St.	NH	
2.21				
XXX				
-- 37 Satchell, Stephani	FR	Coppin State	DNS	

Event 5 Women Long Jump

NCAA D1 Reg: R 6.00m

MEAC: \$ 6.34m 1983

Collette Williams, South Carolina State

Name	Year	School	Finals	Wind	Points
1 6 Mitchell, Rockel	SR	Bethune-Cookman	5.99m 5.7 19-08.00	10	
5.99m(5.7) FOUL 5.43m(1.9) FOUL 5.83m(3.3) 5.82m(2.0)					
2 253 Dixson, Brittany	SR	N. Carolina A&T	5.89m 2.6 19-04.00	8	
5.73m(2.4) FOUL 5.70m(3.2) FOUL 5.89m(2.6) 5.59m(5.9)					
3 293 Kirby, Wanetta	SO	Norfolk State	5.89m 3.0 19-04.00	6	
FOUL FOUL 5.89m(3.0) 5.61m(2.3) FOUL FOUL					

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....Event 5 Women Long Jump

4	125 Lewis, Rachel	SR Hampton	5.80m	3.8	19-00.50	5
	5.53m(3.0) 5.80m(3.8) 5.45m(2.6) 5.64m(1.3) FOUL		5.48m(0.3)			
5	281 Brown, Janet	SO Norfolk State	5.74m	2.7	18-10.00	4
	5.61m(2.8) 5.51m(2.0) 5.54m(-1.1) 5.72m(3.4) 5.61m(1.5) 5.74m(2.7)					
6	26 Baird, Natoya	SR Coppin State	5.56m	3.5	18-03.00	3
	5.40m(4.8) 5.56m(3.5) 5.24m(2.2) FOUL 5.32m(4.5) 5.53m(4.5)					
7	333 McWilliams, Rene	SR South Carolina St.	5.53m	3.7	18-01.75	2
	5.49m(1.1) 5.53m(3.7) 5.35m(3.7) 5.42m(5.4) 5.26m(3.5) FOUL					
8	134 Vassell, Racquel	SO Hampton	5.51m	3.1	18-01.00	1
	5.51m(3.1) 4.86m(3.7) FOUL FOUL FOUL FOUL					
9	40 Taylor, Shekinah	FR Coppin State	5.50m	2.6	18-00.50	
	FOUL 5.50m(2.6) 5.46m(1.8) FOUL 5.21m(2.2) FOUL					
10	250 Breeden, Amanda	SO N. Carolina A&T	5.46m	1.4	17-11.00	
	5.46m(1.4) 5.43m(5.8) 5.41m(1.5)					
11	339 Smith, Jasmine	JR South Carolina St.	5.45m	1.2	17-10.75	
	5.45m(1.2) FOUL(4.0) 5.42m(2.0)					
12	223 Carson, Micsha	FR Morgan State	5.44m	4.4	17-10.25	
	FOUL 5.00m(3.7) 5.44m(4.4)					
13	86 Davis, Ashante	SO Florida A&M	5.44m	7.1	17-10.25	
	FOUL 5.44m(7.1) FOUL					
13	70 Shell, Jessika	SR Delaware State	5.44m	4.5	17-10.25	
	FOUL 5.44m(4.5) FOUL					
15	96 Story, Tomika	FR Florida A&M	5.33m	4.9	17-06.00	
	5.02m(1.1) 5.11m(2.7) 5.33m(4.9)					
16	93 Pilliner, Suelyn	JR Florida A&M	5.32m	3.0	17-05.50	
	5.32m(3.0) 5.01m(3.8) 4.79m(2.6)					
17	59 Dillard, Christen	SR Delaware State	5.31m	3.0	17-05.25	
	5.10m(2.0) 5.31m(3.0) 5.17m(3.5)					
18	285 Faulkner, Victoria	SR Norfolk State	5.18m	3.7	17-00.00	
	FOUL 5.18m(3.7) FOUL					
19	120 Fair, Ermesha	FR Hampton	5.15m	2.9	16-10.75	
	FOUL FOUL 5.15m(2.9)					
20	164 Lemonious, Alexand	JR Howard	4.98m	3.2	16-04.25	
	FOUL FOUL 4.98m(3.2)					
--	341 Vance, Tempest	JR South Carolina St.	DNS	NWI		
--	29 Hall, Deondrea	JR Coppin State	DNS	NWI		

Event 6 Men Long Jump

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NCAA D1 Reg: R 7.34m
MEAC: \$ 7.93m 2008

Name	Year	School	Finals	Wind	Points
1 321 Winston, Corey	SO	Norfolk State	7.67m	5.2	25-02.00 10
			7.51m(3.6) 7.35m(2.2) 7.67m(5.2) PASS PASS PASS		
2 324 Woods, Marlon	JR	Norfolk State	7.60m	7.0	24-11.25 8
			7.60m(7.0) PASS PASS 6.77m(3.0) FOUL 7.58m(2.5)		
3 152 Walker, Predist	SO	Hampton	7.24m	2.6	23-09.00 6
			7.13m(5.3) 6.97m(4.9) 7.04m(1.3) FOUL 7.14m(6.5) 7.24m(2.6)		
4 274 McFadgen, David	JR	N. Carolina A&T	7.18m	4.5	23-06.75 5
			7.06m(3.9) 7.05m(1.3) 7.18m(4.5) 7.05m(2.0) FOUL 7.00m(2.9)		
5 186 Small-Warner, Step	SR	Howard	7.12m	5.3	23-04.50 4
			7.12m(5.3) PASS PASS PASS PASS PASS		

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....Event 6 Men Long Jump

6	316 Shelton, Darris	FR Norfolk State	7.10m	4.7	23-03.50	3
	FOUL	7.10m(4.7) 7.04m(4.2) 6.74m(1.9)	PASS	FOUL		
7	352 Knight, Levar	JR South Carolina St.	7.07m	3.7	23-02.50	2
	6.90m(4.5) 7.07m(3.7) 6.99m(2.3)	FOUL	FOUL	5.22m(2.1)		
8	23 Nicholas, Kenson	SO Bethune-Cookman	7.07m	4.5	23-02.50	1
	FOUL(1.0) 7.07m(4.5) FOUL(3.6) 6.74m(-1.6)	FOUL(2.4)	6.56m(-0.2)			
9	142 Jones, Brandon	SR Hampton	7.01m	4.8	23-00.00	
	6.16m(3.2) 6.49m(4.9) 7.01m(4.8) 6.69m(3.4)	6.80m(3.9)	6.65m(3.8)			
10	80 Murray, Leslie	FR Delaware State	6.87m	5.8	22-06.50	
	6.87m(5.8) 6.68m(3.0)	PASS				
11	355 Stephens, Marcus	FR South Carolina St.	5.74m	4.6	18-10.00	
	5.74m(4.6)	FOUL	PASS			
12	238 Blocker, James	JR Morgan State	5.15m	2.5	16-10.75	
	FOUL	5.15m(2.5)	PASS			
--	188 Tirado, Carnegie	FR Howard	FOUL			
	FOUL	PASS	PASS			
--	79 Moore, Larrone	JR Delaware State	FOUL			
	FOUL	FOUL	PASS			
--	49 Miles, Brandon	SR Coppin State	DNS	NWI		

Event 10 Men Discus Throw

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NCAA D1 Reg: R 51.70m

MEAC: \$ 50.91m 1982

Alonzo Johnson, Florida A&M

Name	Year	School	Finals	Points		
1	349 Facey, Noel	FR South Carolina St.	45.93m	150-08 10		
	45.42m 42.95m 45.93m 45.58m	PASS	44.04m			
2	315 Richardson, Kendri	FR Norfolk State	45.10m	147-11 8		
	43.47m 45.10m	FOUL	PASS	43.21m 40.62m		
3	107 Scott, Frank	SO Florida A&M	43.78m	143-08 6		
	43.78m 42.01m 40.83m	PASS	PASS	39.84m		
4	276 Phifer, Lonnie	SR N. Carolina A&T	42.19m	138-05 5		
	41.78m 37.86m 37.03m	PASS	42.19m	PASS		
5	265 Boulware, Robert	SO N. Carolina A&T	40.95m	134-04 4		
	40.26m 36.21m	FOUL	40.79m 40.87m	40.95m		
6	277 Sanders, Alex	FR N. Carolina A&T	40.48m	132-10 3		
	FOUL	FOUL	38.28m 37.74m	40.48m	PASS	
7	245 Napoleon, Anthony	FR Morgan State	39.43m	129-04 2		
	39.43m 37.48m	FOUL	PASS	38.86m 37.03m		
8	21 Johnson, Craig	SR Bethune-Cookman	38.98m	127-11 1		
	38.98m	FOUL	FOUL	PASS	PASS	PASS
9	346 Coleman, Brian	SO South Carolina St.	37.49m	123-00		
	32.50m	FOUL	FOUL	32.24m 37.49m	37.07m	
10	348 Elmore, Mark	JR South Carolina St.	31.25m	102-06		
	FOUL	FOUL	31.25m			
--	237 Benjamin, Tyron	SR Morgan State	FOUL			
	FOUL	FOUL	FOUL			

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NCAA D1 Reg: R 43.45m

MEAC: \$ 49.40m

Name	Year	School	Finals	Points
1 206 Woodward, Saisha	SR	Maryland-Eastern	42.27m	138-08 10
36.27m 38.21m FOUL 36.95m FOUL 42.27m				
2 336 Rothmiller, Shamir	FR	South Carolina St.	41.56m	136-04 8
36.44m 35.08m 31.22m 36.63m 41.56m FOUL				
3 115 Black, Amanda	SR	Hampton	35.65m	116-11 6
31.91m FOUL 26.77m 31.29m 32.90m 35.65m				
4 285 Faulkner, Victoria	SR	Norfolk State	34.47m	113-01 5
32.27m 29.24m 31.77m 31.93m 34.47m 30.88m				
5 154 Abernathy, Norell	FR	Howard	33.82m	110-11 4
27.29m 28.48m 32.13m 33.30m 30.39m 33.82m				
6 26 Baird, Natoya	SR	Coppin State	33.35m	109-05 3
33.06m FOUL 32.17m 29.04m 33.35m 24.69m				
7 236 Williams, Tia	FR	Morgan State	32.63m	107-01 2
32.63m 31.85m 30.00m FOUL FOUL 30.00m				
8 88 Francis, Ann-Marie	JR	Florida A&M	30.17m	99-00 1
25.15m 29.93m FOUL 28.75m 29.35m 30.17m				
9 302 Vaughn, Shanlynn	JR	Norfolk State	29.99m	98-05
28.85m 29.99m 20.83m 23.00m 27.90m 28.53m				
10 230 Randall, Allison	JR	Morgan State	29.81m	97-10
FOUL 29.81m 24.72m				
11 41 Weekly, Salena	FR	Coppin State	29.69m	97-05
29.11m 29.69m FOUL				
12 30 Jarvis, Crystal	SO	Coppin State	28.54m	93-08
28.54m 27.00m 24.81m				
13 198 Henry, Vanessa	FR	Maryland-Eastern	27.43m	90-00
FOUL 27.43m FOUL				
14 8 Ruffin, Maketa	SO	Bethune-Cookman	25.43m	83-05
FOUL 25.43m 22.10m				
15 288 Harris, Tiphani	SO	Norfolk State	25.17m	82-07
25.17m 23.46m FOUL				
16 220 Adams, Ashley	SO	Morgan State	24.24m	79-06
22.04m 24.24m FOUL				
17 135 Watkins, Jocelyn	SO	Hampton	23.11m	75-10
21.71m FOUL 23.11m				
18 204 Wheeler, Joycelyn	SO	Maryland-Eastern	21.89m	71-10
20.74m 21.89m 16.73m				
19 258 Issacs, Khadeen	FR	N. Carolina A&T	21.67m	71-01
17.08m 21.67m FOUL				
20 97 Suer, Antionette	SR	Florida A&M	17.23m	56-06
17.23m 14.77m 12.32m				
-- 327 Foster, Kristi	SR	South Carolina St.	DNS	

Event 15 Women Shot Put

NCAA D1 Reg: R 14.30m

MEAC: \$ 14.69m 2008

Leitawsha Bronson, Morgan State

Name	Year	School	Finals	Points
1 336 Rothmiller, Shamir	FR	South Carolina St.	14.97m\$	49-01.50 10
13.63m 13.73m 13.91m 14.03m 14.97m 14.74m				

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....Event 15 Women Shot Put

2	198 Henry, Vanessa	FR Maryland-Eastern	14.91m\$	48-11.00	8
	14.91m 14.52m 14.16m 14.40m	FOUL FOUL			
3	12 Williams, Ron-Dani	SR Bethune-Cookman	14.76m\$	48-05.25	6
	14.24m 14.57m 14.76m 14.66m 14.69m 14.45m				
4	255 Foster, Jerrine	JR N. Carolina A&T	14.68mR	48-02.00	5
	13.80m 13.88m 14.65m 14.46m 14.39m 14.68m				
5	221 Bronson, Leitawsha	SR Morgan State	14.59mR	47-10.50	4
	14.59m 14.59m FOUL FOUL 14.39m				
6	254 Forrester, Katheri	JR N. Carolina A&T	14.14m	46-04.75	3
	12.73m 13.48m 12.85m 14.10m 13.71m 14.14m				
7	206 Woodward, Saisha	SR Maryland-Eastern	13.82m	45-04.25	2
	12.79m FOUL FOUL FOUL 13.43m 13.82m				
8	236 Williams, Tia	FR Morgan State	12.99m	42-07.50	1
	12.21m 12.99m 12.45m FOUL FOUL FOUL				
9	135 Watkins, Jocelyn	SO Hampton	12.51m	41-00.50	
	FOUL FOUL 12.51m FOUL 11.85m 12.41m				
10	155 Bell, Chanel	FR Howard	12.26m	40-02.75	
	11.66m FOUL 12.26m				
11	63 Hovington, Morgan	SR Delaware State	12.22m	40-01.25	
	11.14m 12.22m 11.93m				
12	127 McGregor, Kristal	JR Hampton	12.04m	39-06.00	
	11.40m 12.04m FOUL				
13	84 Booker, Takeira	FR Florida A&M	11.37m	37-03.75	
	FOUL FOUL 11.37m				
14	328 Fowler, Eileena	FR South Carolina St.	10.50m	34-05.50	
	10.21m FOUL 10.50m				
15	204 Wheeler, Joycelyn	SO Maryland-Eastern	10.49m	34-05.00	
	FOUL 10.49m 10.39m				
16	162 Jenkins, Krystal	SO Howard	9.54m	31-03.75	
	9.19m FOUL 9.54m				
--	153 Aaten-White, Mya	FR Howard	FOUL		
	FOUL FOUL FOUL				
--	230 Randall, Allison	JR Morgan State	FOUL		
	FOUL PASS PASS				
--	32 LaGrier, Tiffany	FR Coppin State	DNS		
--	35 Manely, Jeanine	FR Coppin State	DNS		

Event 17 Women 100 Meter Dash

8 Advance: Top 1 Each Heat plus Next 4 Best Times

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 NCAA D1 Reg: R 11.75

MEAC: \$ 11.45 2000

Shaunta Pelham, Florida A&M

Name Year School Prelims Wind H#

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 Preliminaries

1	7 Munroe, Dianne	SR Bethune-Cookman	11.47Q	3.4	1
2	134 Vassell, Racquel	SO Hampton	11.59Q	2.1	3
3	283 Claiborne, Shannek	FR Norfolk State	11.63Q	2.7	2
4	333 Mcwilliams, Rene	SR South Carolina St.	11.66Q	2.4	4
5	9 Tongue, Jessica	FR Bethune-Cookman	11.67q	2.4	4 11.664
6	89 Gillis, Ashley	SR Florida A&M	11.67q	2.4	4 11.669
7	259 Lawson, Krystin	FR N. Carolina A&T	11.67q	2.1	3 11.670
8	61 Franklin, NeKisha	SR Delaware State	11.68q	2.7	2
9	225 Hines, Ashley	JR Morgan State	11.73	2.4	4

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10	11	Williams, Nickesha	JR	Bethune-Cookman	11.76	2.7	2	11.751
11	130	Richards, Petrice	JR	Hampton	11.76	3.4	1	11.757
12	286	Flowers, Tierra	JR	Norfolk State	11.77	2.4	4	
13	284	Davenport, Portia	JR	Norfolk State	11.83	3.4	1	
14	330	Gracia, Monique	FR	South Carolina St.	11.90	3.4	1	
15	334	Mobley, Nicole	JR	South Carolina St.	11.97	2.7	2	
16	88	Francis, Ann-Marie	JR	Florida A&M	12.01	2.1	3	
17	224	Hill, Tendai	JR	Morgan State	12.20	3.4	1	
18	252	Carrington, Crysta	SO	N. Carolina A&T	12.22	3.4	1	
19	57	Blake, Ashley	JR	Delaware State	12.32	2.4	4	
20	36	Sanders, Neicy	SR	Coppin State	12.41	2.1	3	
21	226	Johnson, Quawnecia	JR	Morgan State	12.44	2.7	2	
22	87	Forbes, Jesseka	SR	Florida A&M	12.46	2.7	2	
23	40	Taylor, Shekinah	FR	Coppin State	12.84	2.7	2	
24	161	Jackson, Latayvia	JR	Howard	12.91	2.1	3	
--	2	Austin, Analisa	SO	Bethune-Cookman	DNF	2.1	3	
--	197	Hawkins, Monique	FR	Maryland-Eastern	DNS	3.4	1	
--	58	Brown, Kamera	JR	Delaware State	DNS	2.1	3	

Event 18 Men 100 Meter Dash**8 Advance: Top 1 Each Heat plus Next 4 Best Times**

NCAA D1 Reg: R 10.55

MEAC: \$ 10.23 1981

William Haynes, Florida A&M

Name	Year	School	Prelims	Wind	H#			
1	275	Newman, Calesio	JR	N. Carolina A&T	10.27Q	2.3	1	
2	25	Sales, Dante	FR	Bethune-Cookman	10.34Q	2.7	4	
3	141	Dixon, Reggie	SO	Hampton	10.35Q	2.4	2	
4	79	Moore, Larrone	JR	Delaware State	10.51Q	2.8	3	
5	136	Anderson, Aaron	JR	Hampton	10.49q	2.7	4	
6	211	Gauntlett, Akheem	FR	Maryland-Eastern	10.57q	2.4	2	
7	105	McKinzie, Carl	JR	Florida A&M	10.61q	2.4	2	
8	138	Brown, Devon	SO	Hampton	10.65q	2.8	3	
9	17	Herring, Chris	FR	Bethune-Cookman	10.68	2.8	3	
10	309	Hill, Trayman	SR	Norfolk State	10.71	2.3	1	
11	318	Speller, Thomas	FR	Norfolk State	10.72	2.8	3	10.712
12	149	Teel, Kevin	SR	Hampton	10.72	2.3	1	10.719
13	110	Washington, Joe	FR	Florida A&M	10.72	2.7	4	10.720
14	15	Cray, Eric	SO	Bethune-Cookman	10.74	2.4	2	
15	216	Miles, Damian	FR	Maryland-Eastern	10.77	2.3	1	10.768
16	273	Jordan, Akinwole	SO	N. Carolina A&T	10.77	2.8	3	10.769
17	106	Scott, Craig	SR	Florida A&M	10.87	2.7	4	10.864
18	322	Walker, Quinten	FR	Norfolk State	10.87	2.4	2	10.865
19	356	Washington, Darin	FR	South Carolina St.	10.90	2.7	4	10.898
20	171	Carter, Brandon	SR	Howard	10.90	2.3	1	10.899
21	183	Penny, Anthony	JR	Howard	10.95	2.4	2	
22	101	Carty, Rennie	FR	Florida A&M	10.96	2.3	1	
23	52	Pinnock, Andre	SO	Coppin State	11.01	2.8	3	
24	137	Battle, Justin	FR	Hampton	11.02	2.8	3	
25	48	Jackson, Kevon	JR	Coppin State	11.21	2.4	2	
26	244	Moore, Aaron	SR	Morgan State	11.31	2.4	2	
27	208	Alexander, Corey	SO	Maryland-Eastern	11.34	2.7	4	
28	102	Cook, LaJarvis	SR	Florida A&M	11.99	2.8	3	

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29	355	Stephens, Marcus	FR	South Carolina St.	12.91	2.3	1
--	249	Whyte, Carbinere	JR	Morgan State	DNS	2.3	1
--	186	Small-Warner, Step	SR	Howard	DNS	2.7	4
--	242	McLean, Stephen	SO	Morgan State	DNS	2.7	4

Event 19 Women 200 Meter Dash**8 Advance: Top 1 Each Heat plus Next 4 Best Times**

NCAA D1 Reg: R 23.96

MEAC: \$ 23.05 2000 Shaunta Pelham, Florida A&M

Name	Year	School	Prelims	Wind	H#
1 61 Franklin, NeKisha	SR	Delaware State	R 23.59Q	1.0	3
2 126 McCorory, Francena	JR	Hampton	R 23.68Q	-1.3	2
3 166 McNary, Lauren	SR	Howard	23.90Q	2.7	4
4 7 Munroe, Dianne	SR	Bethune-Cookman	R 23.92Q	-0.1	1
5 134 Vassell, Racquel	SO	Hampton	R 23.82q	1.0	3
6 300 Sanford, Dania	SO	Norfolk State	23.99q	2.7	4
7 259 Lawson, Krystin	FR	N. Carolina A&T	24.02q	1.0	3
8 89 Gillis, Ashley	SR	Florida A&M	24.16q	2.7	4
9 225 Hines, Ashley	JR	Morgan State	24.19	-0.1	1
10 284 Davenport, Portia	JR	Norfolk State	24.38	-1.3	2
11 293 Kirby, Wanetta	SO	Norfolk State	24.40	-0.1	1
12 257 Hunt, Ruth	FR	N. Carolina A&T	24.47	2.7	4
13 11 Williams, Nickesha	JR	Bethune-Cookman	24.51	-1.3	2
14 130 Richards, Petrice	JR	Hampton	24.52	2.7	4
15 334 Mobley, Nicole	JR	South Carolina St.	24.59	-0.1	1
16 88 Francis, Ann-Marie	JR	Florida A&M	24.70	1.0	3
17 66 Kelly, Ayanna	FR	Delaware State	24.90	-1.3	2
18 57 Blake, Ashley	JR	Delaware State	25.03	2.7	4
19 226 Johnson, Quawnecia	JR	Morgan State	25.05	-1.3	2
20 36 Sanders, Neicy	SR	Coppin State	25.20	1.0	3
21 335 Moss, Andranette	SO	South Carolina St.	25.37	-1.3	2
22 34 Leigh, Samantha	SO	Coppin State	25.45	-0.1	1
23 252 Carrington, Crysta	SO	N. Carolina A&T	25.46	-1.3	2
24 85 Cunningham, LaKend	SR	Florida A&M	25.59	-0.1	1
25 338 Scott, Mironda	SR	South Carolina St.	26.01	1.0	3
26 202 Royster, Talithia	FR	Maryland-Eastern	27.36	2.7	4
-- 232 Robinson, Jamia	JR	Morgan State	DNF	2.7	4
-- 2 Austin, Analisa	SO	Bethune-Cookman	DNS	1.0	3
-- 161 Jackson, Latayvia	JR	Howard	DNS	-0.1	1
-- 197 Hawkins, Monique	FR	Maryland-Eastern	DNS	1.0	3

Event 20 Men 200 Meter Dash**8 Advance: Top 1 Each Heat plus Next 4 Best Times**

NCAA D1 Reg: R 21.35

MEAC: \$ 20.00 1978 Rocky Cunningham, South Carolina Stat

Name	Year	School	Prelims	Wind	H#
1 24 Redhead, Joel	SR	Bethune-Cookman	R 20.69Q	-0.4	2
2 79 Moore, Larrone	JR	Delaware State	R 20.75Q	1.4	3
3 211 Gauntlett, Akheem	FR	Maryland-Eastern	R 20.84Q	-1.1	4
4 141 Dixon, Reggie	SO	Hampton	21.13Q	2.4	1

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5	275 Newman, Calesio	JR N. Carolina A&T	R 20.94q	-1.1	4
6	318 Speller, Thomas	FR Norfolk State	R 21.01q	-0.4	2
7	25 Sales, Dante	FR Bethune-Cookman	R 21.08q	1.4	3
8	210 Fothergill, Allodi	JR Maryland-Eastern	R 21.09q	1.4	3
9	239 Bowen, Kevin	JR Morgan State	21.16	2.4	1
10	136 Anderson, Aaron	JR Hampton	R 21.30	-1.1	4
11	309 Hill, Trayman	SR Norfolk State	R 21.31	-1.1	4
12	216 Miles, Damian	FR Maryland-Eastern	21.50	2.4	1
13	142 Jones, Brandon	SR Hampton	21.56	1.4	3
14	110 Washington, Joe	FR Florida A&M	21.60	-0.4	2
14	273 Jordan, Akinwole	SO N. Carolina A&T	21.60	1.4	3
16	138 Brown, Devon	SO Hampton	21.61	-0.4	2
17	73 Clarke, Burton	SR Delaware State	21.63	-0.4	2
18	322 Walker, Quinten	FR Norfolk State	21.67	2.4	1
18	17 Herring, Chris	FR Bethune-Cookman	21.67	-1.1	4
20	356 Washington, Darin	FR South Carolina St.	21.70	2.4	1
21	182 Odocha, Tochi	SO Howard	21.87	1.4	3
22	74 Davis, Brycen	SO Delaware State	21.89	2.4	1
23	56 Wilson, Jamie	JR Coppin State	21.93	-1.1	4
24	101 Carty, Rennie	FR Florida A&M	21.94	1.4	3
25	241 Higgs, Jordan	FR Morgan State	22.03	1.4	3
25	354 Rackins, Kenneth	SR South Carolina St.	22.03	-1.1	4
27	52 Pinnock, Andre	SO Coppin State	22.04	-0.4	2
28	244 Moore, Aaron	SR Morgan State	22.08	-0.4	2
29	55 Whittingham, Winst	JR Coppin State	22.32	2.4	1
30	106 Scott, Craig	SR Florida A&M	22.90	2.4	1
--	183 Penny, Anthony	JR Howard	DNS	-1.1	4
--	171 Carter, Brandon	SR Howard	DNS	-0.4	2

Event 21 Women 400 Meter Dash**8 Advance: Top 1 Each Heat plus Next 4 Best Times**

NCAA D1 Reg: R 54.61

MEAC: \$ 51.54 2008 Francena McCorory, Hampton

Name	Year	School	Prelims	H#
1	264 Spruiel, Alexander	SR N. Carolina A&T	R 52.98Q	1
2	227 Kendrick, Tanisha	SO Morgan State	R 54.56Q	2
3	126 McCorory, Francena	JR Hampton	54.92Q	4
4	232 Robinson, Jamia	JR Morgan State	56.32Q	3
5	166 McNary, Lauren	SR Howard	54.70q	2
6	233 Sloan, Avionne	SO Morgan State	56.13q	4
7	85 Cunningham, LaKend	SR Florida A&M	56.60q	1
8	256 Gray, Christina	SR N. Carolina A&T	56.72q	3 56.717
9	337 Sampson, Shari	SR South Carolina St.	56.72	4 56.718
10	90 Hulse, Jeanette	FR Florida A&M	56.77	3
11	131 Richmond, Leah	SO Hampton	56.96	1
12	98 Wright, Latoya	SO Florida A&M	57.02	4
13	300 Sanford, Dania	SO Norfolk State	57.03	4
14	66 Kelly, Ayanna	FR Delaware State	57.38	1
15	168 Stephens, Brittany	JR Howard	57.41	4
16	325 Allen, Natalee	SR South Carolina St.	57.47	2
17	38 Stepney, Quantika	FR Coppin State	57.59	2
18	34 Leigh, Samantha	SO Coppin State	57.89	1

Mid-Eastern Athletic Conference Championship - 4/30/2009 to 5/2/2009**www.halfmiletiming.com****NCAT: Greensboro, NC****Results - Friday****....Event 21 Women 400 Meter Dash**

19	260 Mitchell, Carmenta	SR N. Carolina A&T	57.96	2
20	335 Moss, Andranette	SO South Carolina St.	58.07	3
21	60 Fan Fan, Tracey	FR Delaware State	58.16	3
22	10 Wilbon, Lashodra	FR Bethune-Cookman	58.90	3
23	62 Harrison, Jessica	SO Delaware State	59.68	2
24	297 Moore, Shaniqua	FR Norfolk State	59.92	3
25	202 Royster, Talithia	FR Maryland-Eastern	1:00.00	2
26	163 King, Azalia	SO Howard	1:00.59	1
--	192 Lendor, Danai	SO Maryland-Eastern	DQ	1 Lane Violation

Event 22 Men 400 Meter Dash**8 Advance: Top 1 Each Heat plus Next 4 Best Times**

NCAA D1 Reg: R 47.20

MEAC: \$ 45.60 2001

Chris Brown, Norfolk State

Name	Year	School	Prelims	H#
1	80 Murray, Leslie	FR Delaware State	R 46.41Q	3
2	210 Fothergill, Allodi	JR Maryland-Eastern	R 46.73Q	1
3	24 Redhead, Joel	SR Bethune-Cookman	R 46.92Q	2
4	213 Keane-Dawes, Thoma	SO Maryland-Eastern	R 47.18Q	4
5	239 Bowen, Kevin	JR Morgan State	R 46.79q	1
6	270 Elliott, Jarrell	FR N. Carolina A&T	47.27q	3
7	73 Clarke, Burton	SR Delaware State	47.42q	2
8	44 Bennett, Teo	FR Coppin State	47.47q	2
9	266 Bouttry, D'Mitri	FR N. Carolina A&T	47.80	2
10	51 Morgan, Carlinton	JR Coppin State	47.83	4
11	175 Harrison, Christop	JR Howard	48.09	4
12	74 Davis, Brycen	SO Delaware State	48.27	4
13	312 Moon, Tyrell	SO Norfolk State	48.42	1
14	354 Rackins, Kenneth	SR South Carolina St.	48.43	4
15	241 Higgs, Jordan	FR Morgan State	48.72	2
16	108 Suber, Stanley	SR Florida A&M	48.74	1
17	43 Bell, Jason	JR Coppin State	48.75	1
18	22 Keeling, Marcell	JR Bethune-Cookman	48.91	3
19	20 Jackson, Chris	FR Bethune-Cookman	49.19	4
20	179 LaRoche, Mikael	JR Howard	49.50	3
21	56 Wilson, Jamie	JR Coppin State	49.65	3
22	249 Whyte, Carbinere	JR Morgan State	49.82	3
23	145 Mitchell, Carl	SR Hampton	49.91	3
24	190 Williams, Kimery	SR Howard	50.20	1
25	279 Walters, Renaldo	SO N. Carolina A&T	50.28	1
26	99 Bolden, Ronald	SO Florida A&M	50.83	2
--	212 Jones-Burden, Paul	SO Maryland-Eastern	DQ	2 Lane Violation

Event 23 Women 100 Meter Hurdles**8 Advance: Top 1 Each Heat plus Next 5 Best Times**

NCAA D1 Reg: R 13.92

MEAC: \$ 13.16 2006

Yvette Lewis, Hampton

Name	Year	School	Prelims	Wind	H#
1	263 Smith, Loreal	SR N. Carolina A&T	\$ 13.14Q	1.4	2
2	156 Buckley, Landria	JR Howard	R 13.48Q	1.8	3

Mid-Eastern Athletic Conference Championship - 4/30/2009 to 5/2/2009**www.halfmiletiming.com****NCAT: Greensboro, NC****Results - Friday****....Event 23 Women 100 Meter Hurdles**

3	4	Burke, Tavia	JR	Bethune-Cookman	R	13.67Q	1.1	1
4	134	Vassell, Racquel	SO	Hampton	R	13.52q	1.8	3
5	133	Smith, Michelle	SR	Hampton	R	13.81q	1.1	1
6	3	Bardge, Crystal	SO	Bethune-Cookman	R	13.85q	1.4	2
7	261	Newton, Kendra	SR	N. Carolina A&T	R	13.89q	1.1	1
8	164	Lemonious, Alexand	JR	Howard		13.96q	1.4	2
9	330	Gracia, Monique	FR	South Carolina St.		14.04	1.8	3
10	220	Adams, Ashley	SO	Morgan State		14.08	1.1	1
11	333	Mcwilliams, Rene	SR	South Carolina St.		14.27	1.4	2
12	26	Baird, Natoya	SR	Coppin State		14.28	1.1	1
13	9	Tongue, Jessica	FR	Bethune-Cookman		14.29	1.8	3
14	294	Matthews, Ashantia	FR	Norfolk State		14.74	1.4	2
15	169	Wallace, Janelle	SO	Howard		14.83	1.1	1
16	262	Reddic, Lydia	SO	N. Carolina A&T		14.88	1.8	3
17	331	Jefferson, Brandi	SO	South Carolina St.		14.94	1.1	1
18	285	Faulkner, Victoria	SR	Norfolk State		15.92	1.8	3
--	29	Hall, Deondrea	JR	Coppin State		DNS	1.4	2

Event 24 Men 110 Meter Hurdles**8 Advance: Top 3 Each Heat plus Next 2 Best Times**

NCAA D1 Reg: R 14.30

MEAC: \$ 13.59 2008 Ronnie Ash, Bethune-Cookman

Name	Year	School	Prelims	Wind	H#			
1	13	Ash, Ronnie	SO	Bethune-Cookman	R	13.72Q	1.5	1
2	178	Kinney, Daniel	SR	Howard		14.08Q	2.1	2
3	152	Walker, Predist	SO	Hampton		14.14Q	2.1	2
4	358	Young, Donta	FR	South Carolina St.	R	14.22Q	1.5	1
5	19	Howard, DJ	FR	Bethune-Cookman		14.15Q	2.1	2
6	247	Simpson, Andrew	SR	Morgan State		14.45Q	1.5	1
7	105	McKinzie, Carl	JR	Florida A&M		14.81q	2.1	2
8	100	Carroll, Demarius	JR	Florida A&M		14.85q	1.5	1
9	313	Nkrumah, Keith	FR	Norfolk State		14.91	1.5	1
10	188	Tirado, Carnegie	FR	Howard		15.07	2.1	2
11	176	Henderson, DeAndre	SO	Howard		15.40	1.5	1
12	345	Brown, Leighton	FR	South Carolina St.		15.74	1.5	1
13	324	Woods, Marlon	JR	Norfolk State		16.07	2.1	2
14	344	Bolden, DeAngelo	SO	South Carolina St.		16.95	2.1	2

Event 25 Women 400 Meter Hurdles**8 Advance: Top 2 Each Heat plus Next 2 Best Times**

NCAA D1 Reg: R 1:00.82

MEAC: \$ 57.42 2002 Chloe Davis, Hampton

Name	Year	School	Prelims	H#			
1	156	Buckley, Landria	JR	Howard	R	59.30Q	1
2	298	Pickett, Allyssa	JR	Norfolk State	R	1:00.71Q	2
3	98	Wright, Latoya	SO	Florida A&M		1:01.72Q	3
4	263	Smith, Loreal	SR	N. Carolina A&T	R	1:00.08Q	1
5	3	Bardge, Crystal	SO	Bethune-Cookman		1:02.18Q	2
6	234	Smalls, Kamice	FR	Morgan State		1:02.20Q	3
7	192	Lendor, Danai	SO	Maryland-Eastern		1:03.17q	1

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8	123	Harris, Margaret	SO Hampton	1:03.55q	2
9	251	Cadlett, Janee	JR N. Carolina A&T	1:04.31	3
10	119	Calder, Claudia	FR Hampton	1:05.70	3
11	95	Shields, Helena	FR Florida A&M	1:06.23	2
12	329	Govirk, Elizabeth	SR South Carolina St.	1:06.41	2
13	220	Adams, Ashley	SO Morgan State	1:06.49	2
14	69	Sewell, Nykeisha	SO Delaware State	1:06.83	1
15	331	Jefferson, Brandi	SO South Carolina St.	1:06.85	1
16	222	Campbell, Lauren	FR Morgan State	1:08.49	1
17	33	Lane, Brandi	JR Coppin State	1:08.82	1
18	157	Daniels, Lillian	SR Howard	1:09.53	2
19	28	Glenn, Trave	FR Coppin State	1:12.47	3
20	169	Wallace, Janelle	SO Howard	1:24.05	3
--	341	Vance, Tempest	JR South Carolina St.	DNS	3

Event 26 Men 400 Meter Hurdles**8 Advance: Top 2 Each Heat plus Next 2 Best Times**

NCAA D1 Reg: R 52.51

MEAC: \$ 50.31 1989 John Branch, Howard

Name	Year	School	Prelims	H#	
1	15	Cray, Eric	SO Bethune-Cookman	R 52.41Q	2
2	278	Smith, Gordon	SR N. Carolina A&T	52.55Q	3
3	80	Murray, Leslie	FR Delaware State	52.76Q	1
4	178	Kinney, Daniel	SR Howard	52.56Q	3
5	151	Tondereau, Alvin	SR Hampton	53.39Q	1
6	358	Young, Donta	FR South Carolina St.	53.57Q	2
7	311	Marrow, Sherrod	FR Norfolk State	53.44q	1
8	357	Williams, Marvin	JR South Carolina St.	54.67q	3
9	77	Laws, Alan	SO Delaware State	54.78	3
10	180	McAlister, Tory	FR Howard	54.97	2
11	176	Henderson, DeAndre	SO Howard	55.82	2
12	323	Whitties, Meredith	JR Norfolk State	55.90	3
13	50	Mills, Darron	SR Coppin State	56.11	2
14	344	Bolden, DeAngelo	SO South Carolina St.	57.09	1
15	212	Jones-Burden, Paul	SO Maryland-Eastern	59.09	3
16	100	Carroll, Demarius	JR Florida A&M	59.23	3
17	208	Alexander, Corey	SO Maryland-Eastern	1:08.57	1
--	47	Edwards, Audbrey	JR Coppin State	FS	1
--	313	Nkrumah, Keith	FR Norfolk State	DQ	2
--	247	Simpson, Andrew	SR Morgan State	DNS	2
--	242	McLean, Stephen	SO Morgan State	DNS	1

Event 31 Women 800 Meter Run**8 Advance: Top 2 Each Heat plus Next 2 Best Times**

NCAA D1 Reg: R 2:09.80

MEAC: \$ 2:08.56 1992 Diana Pitts, Coppin State

Name	Year	School	Prelims	H#	
1	193	Anais, Cynthia	FR Maryland-Eastern	2:11.44Q	3
2	200	James, Merrecia	SR Maryland-Eastern	2:12.29Q	1
3	201	Jones, Eunice	FR Maryland-Eastern	2:15.47Q	2

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4	158	Hardy, Jami	FR	Howard	2:12.04Q	3
5	5	Condell, Alexandri	JR	Bethune-Cookman	2:12.92Q	1
6	205	Whyte, Celia	SR	Maryland-Eastern	2:16.05Q	2
7	159	Hodges, Ashley	SO	Howard	2:12.98q	1
8	121	Flood, Starema	SR	Hampton	2:13.73q	1
9	38	Stepney, Quantika	FR	Coppin State	2:16.38	3
10	129	Morris, Janean	JR	Hampton	2:18.59	2
11	91	Listhrop, Nichola	SO	Florida A&M	2:18.77	3
12	124	Jones, Kenya	JR	Hampton	2:21.82	3
13	62	Harrison, Jessica	SO	Delaware State	2:21.87	3
14	95	Shields, Helena	FR	Florida A&M	2:23.26	1
15	332	Lawson, Lauren	SR	South Carolina St.	2:24.57	2
16	27	Duncan, Latasha	FR	Coppin State	2:25.57	2
17	65	Jones, Alisha	FR	Delaware State	2:26.22	1
18	342	Williams, Amber	FR	South Carolina St.	2:29.38	1
19	326	Daniley, Patrecia	FR	South Carolina St.	2:32.72	3
20	92	Morgan, Philicia	SO	Florida A&M	2:35.82	2
21	170	Woodruff, Amelia	FR	Howard	2:49.67	2
--	229	Oliver, Tyshia	FR	Morgan State	DNS	1
--	235	Vargas, Adrianna	SR	Morgan State	DNS	3
--	228	McCollum, Vivian	JR	Morgan State	DNS	2

Event 32 Men 800 Meter Run**8 Advance: Top 2 Each Heat plus Next 2 Best Times**

NCAA D1 Reg: R 1:50.40

MEAC: \$ 1:49.41 2003

Damion Drummond, Maryland East

Name	Year	School	Prelims	H#
1	76	Holmes, Donte	SO Delaware State	1:51.22Q 1
2	46	Dunn, Dale	SO Coppin State	1:52.22Q 3
3	191	Williams, Richard	JR Howard	1:53.98Q 2
4	42	Archer, Jansen	SR Coppin State	1:51.34Q 1
5	83	Thibou, Kelli	FR Delaware State	1:52.38Q 3
6	103	Lee, Daquam	SO Florida A&M	1:53.99Q 2
7	53	Smith, Kayon	JR Coppin State	1:52.76q 3
8	14	Cosby, William	FR Bethune-Cookman	1:53.63q 3
9	268	Burnette, Rashad	SR N. Carolina A&T	1:53.87 3
10	144	Lynch, Brandon	SR Hampton	1:53.88 1
11	45	Coleman, Julius	JR Coppin State	1:54.00 2
12	187	Spivey, Lavernon	SR Howard	1:55.97 1
13	172	Franklin, Jerod	SO Howard	1:56.43 3
14	139	Cross, Yaphet	SR Hampton	1:56.48 3
15	269	Cephas, Danzeto	FR N. Carolina A&T	1:56.59 2
16	75	Easton, Andre	SR Delaware State	1:57.86 2
17	243	Mesta, Nathan	FR Morgan State	1:58.91 2
18	272	Jett, Travanni	SR N. Carolina A&T	2:00.07 1
19	246	Richardson, Isaac	SO Morgan State	2:03.25 1
20	150	Thompson, Bruce	FR Hampton	2:03.61 2
21	22	Keeling, Marcell	JR Bethune-Cookman	2:06.03 1
22	351	Green, Quinton	FR South Carolina St.	2:10.68 3
23	343	Axson, Dashan	SO South Carolina St.	2:15.39 2

Mid-Eastern Athletic Conference Championship - 4/30/2009 to 5/2/2009**www.halfmiletiming.com****NCAT: Greensboro, NC****Results - Friday****Event 35 Women 5000 Meter Run**

NCAA D1 Reg: R 16:52.00

MEAC: \$ 17:41.41 2007 Merrecia James, Maryland Eastern

Name	Year	School	Finals	Points
------	------	--------	--------	--------

Finals

1	128	Medlin, Krystle	SR Hampton	18:15.21	10
2	39	Tanui, Naomi	SR Coppin State	18:19.94	8
3	340	Stewart, Brittney	FR South Carolina St.	18:29.70	6
4	200	James, Merrecia	SR Maryland-Eastern	18:50.31	5
5	203	Thomas, Tamica	JR Maryland-Eastern	18:53.17	4
6	201	Jones, Eunice	FR Maryland-Eastern	19:10.57	3
7	132	Smith, Jahlisa	SO Hampton	19:15.64	2
8	68	Ross, Mallory	SR Delaware State	19:18.62	1
9	295	Miles, Tia	JR Norfolk State	20:09.84	
10	27	Duncan, Latasha	FR Coppin State	20:42.81	
11	290	Hutto, Jamia	FR Norfolk State	20:46.90	
12	124	Jones, Kenya	JR Hampton	21:04.50	
13	117	Branch, Jasmin	SO Hampton	21:24.01	
14	282	Chichester, Jennif	SO Norfolk State	21:37.64	
15	31	Kelly, Juashanna	FR Coppin State	22:02.30	
16	94	Ransom, Kelle	SO Florida A&M	22:29.48	

Event 36 Men 5000 Meter Run

NCAA D1 Reg: R 14:12.00

MEAC: \$ 14:53.30 2008 Amon Kiprotich, Maryland Eastern

Name	Year	School	Finals	Points
------	------	--------	--------	--------

1	240	David, Justus	FR Morgan State	15:06.92	10
2	143	Kamani, David	JR Hampton	15:20.05	8
3	218	Sang, Peter	JR Maryland-Eastern	15:32.93	6
4	214	Kiprotich, Amon	SO Maryland-Eastern	15:38.55	5
5	114	Winters, Shuaib	FR Florida A&M	15:38.65	4
6	310	Luka, Dominic	SR Norfolk State	15:43.79	3
7	146	Nero, Sandino	JR Hampton	15:48.18	2
8	319	Tessema, Josef	SO Norfolk State	15:57.05	1
9	317	Simo, Jonathan	JR Norfolk State	16:11.52	
10	215	Maritim, Shadrack	FR Maryland-Eastern	16:31.93	
11	350	Gould, Mason	FR South Carolina St.	17:13.27	
12	189	Williams, Andre	SR Howard	18:03.27	
13	353	Kurgatt, Charles	FR South Carolina St.	18:18.68	

Event 39 Heptathlon: #5 Women Long Jump Heptathlon

Name	Year	School	Finals	Wind	Points
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1	26	Baird, Natoya	SR Coppin State	5.77m	NWI	18-11.25	780
		5.44m(NWI) FOUL	5.77m(NWI)				
2	291	Jenkins, Tanisha	SO Norfolk State	5.66m	NWI	18-07.00	747
		5.42m(NWI) 5.46m(NWI) 5.66m(NWI)					
3	294	Matthews, Ashantia	FR Norfolk State	5.47m	NWI	17-11.50	691
		FOUL 5.47m(NWI) FOUL					
4	285	Faulkner, Victoria	SR Norfolk State	5.36m	NWI	17-07.00	660
		4.92m(NWI) 5.08m(NWI) 5.36m(NWI)					

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5	120 Fair, Ermesha	FR Hampton	5.21m	NWI	17-01.25	617
	5.11m(NWI) 5.21m(NWI) 5.02m(NWI)					
6	69 Sewell, Nykeisha	SO Delaware State	5.10m	NWI	16-08.75	587
	5.07m(NWI) 5.10m(NWI) 5.00m(NWI)					
7	64 Johnson, Kristen	FR Delaware State	5.06m	NWI	16-07.25	576
	4.89m(NWI) 5.06m(NWI) 5.06m(NWI)					
8	118 Briggs, Deshana	FR Hampton	4.79m	NWI	15-08.75	503
	4.79m(NWI) FOUL 4.49m(NWI)					
9	331 Jefferson, Brandi	SO South Carolina St.	4.38m	NWI	14-04.50	398
	FOUL 4.38m(NWI) FOUL					
--	220 Adams, Ashley	SO Morgan State	FOUL			
	FOUL FOUL FOUL					
--	327 Foster, Kristi	SR South Carolina St.	DNS	NWI		
--	29 Hall, Deondrea	JR Coppin State	DNS	NWI		
--	341 Vance, Tempest	JR South Carolina St.	DNS	NWI		

Event 39 Heptathlon: #6 Women Javelin Throw Heptathlon

Name	Year School	Finals	Points
1 26 Baird, Natoya	SR Coppin State	33.52m	110-00 543
	32.12m FOUL 33.52m		
2 285 Faulkner, Victoria	SR Norfolk State	32.55m	106-09 525
	25.45m 32.55m 32.09m		
3 291 Jenkins, Tanisha	SO Norfolk State	27.73m	91-00 434
	21.10m 24.92m 27.73m		
4 220 Adams, Ashley	SO Morgan State	26.81m	87-11 416
	26.81m 23.95m 23.76m		
5 120 Fair, Ermesha	FR Hampton	25.30m	83-00 388
	25.27m 25.30m 23.26m		
6 118 Briggs, Deshana	FR Hampton	23.42m	76-10 353
	18.00m 22.36m 23.42m		
7 69 Sewell, Nykeisha	SO Delaware State	23.16m	76-00 348
	23.16m 22.24m 21.79m		
8 294 Matthews, Ashantia	FR Norfolk State	23.11m	75-10 347
	17.77m 23.11m FOUL		
9 64 Johnson, Kristen	FR Delaware State	19.91m	65-04 287
	16.05m 12.94m 19.91m		
10 331 Jefferson, Brandi	SO South Carolina St.	17.01m	55-10 234
	15.32m 15.01m 17.01m		
-- 341 Vance, Tempest	JR South Carolina St.	DNS	
-- 327 Foster, Kristi	SR South Carolina St.	DNS	
-- 29 Hall, Deondrea	JR Coppin State	DNS	

Event 39 Heptathlon: #7 Women 800 Meter Run Heptathlon

Name	Year School	Finals	Points
1 69 Sewell, Nykeisha	SO Delaware State	2:32.94	656
2 220 Adams, Ashley	SO Morgan State	2:34.97	632
3 331 Jefferson, Brandi	SO South Carolina St.	2:37.21	605
4 120 Fair, Ermesha	FR Hampton	2:39.39	580
5 291 Jenkins, Tanisha	SO Norfolk State	2:39.44	579
6 285 Faulkner, Victoria	SR Norfolk State	2:42.76	542

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7	64 Johnson, Kristen	FR Delaware State	2:44.12	527
8	118 Briggs, Deshana	FR Hampton	2:44.22	525
9	26 Baird, Natoya	SR Coppin State	2:45.59	510
10	294 Matthews, Ashantia	FR Norfolk State	2:56.67	397
--	341 Vance, Tempest	JR South Carolina St.	DNS	
--	327 Foster, Kristi	SR South Carolina St.	DNS	
--	29 Hall, Deondrea	JR Coppin State	DNS	

Event 40 Decathlon: #6 Men 110 Meter Hurdles Decathlon

Name	Year	School	Finals	Wind	H#	Points
1	323 Whitties, Meredith	JR Norfolk State	14.52	2.2	4	908
2	140 Dixon, Damon	SO Hampton	14.81	2.2	4	873
3	209 Dix, Jermol	FR Maryland-Eastern	15.35	3.9	2	808
4	147 Ramsey, Stephen	SR Hampton	15.49	3.3	1	791
5	248 Taylor-Watson, Dak	SR Morgan State	15.59	3.3	1	780
6	316 Shelton, Darris	FR Norfolk State	15.74	2.5	3	762
7	111 Washington, Philli	SO Florida A&M	16.07	2.2	4	725
8	345 Brown, Leighton	FR South Carolina St.	16.36	2.5	3	693
9	305 Cooper, Algernon	SR Norfolk State	16.82	3.9	2	643
10	219 Strachan, Jamahl	SR Maryland-Eastern	16.87	3.3	1	638
11	343 Axson, Dashan	SO South Carolina St.	18.55	3.9	2	473
12	348 Elmore, Mark	JR South Carolina St.	20.76	2.2	4	292
--	81 Sivels, Darius	FR Delaware State	DNF	2.5	3	

Event 40 Decathlon: #7 Men Discus Throw Decathlon

Name	Year	School	Finals	Points
1	348 Elmore, Mark	JR South Carolina St.	35.84m	581
	35.84m 29.88m 35.16m			
2	248 Taylor-Watson, Dak	SR Morgan State	34.12m	546
	34.12m FOUL 33.83m			
3	219 Strachan, Jamahl	SR Maryland-Eastern	30.91m	482
	25.26m 30.91m FOUL			
4	345 Brown, Leighton	FR South Carolina St.	30.62m	477
	30.62m 23.56m FOUL			
5	147 Ramsey, Stephen	SR Hampton	28.81m	441
	FOUL FOUL 28.81m			
6	209 Dix, Jermol	FR Maryland-Eastern	28.58m	437
	20.21m 28.58m FOUL			
7	140 Dixon, Damon	SO Hampton	27.23m	410
	23.42m 27.23m FOUL			
8	305 Cooper, Algernon	SR Norfolk State	27.00m	406
	FOUL 27.00m 25.62m			
9	323 Whitties, Meredith	JR Norfolk State	22.91m	327
	22.91m FOUL FOUL			
10	316 Shelton, Darris	FR Norfolk State	22.71m	323
	17.79m FOUL 22.71m			
11	111 Washington, Philli	SO Florida A&M	18.40m	242
	16.34m 15.19m 18.40m			
12	343 Axson, Dashan	SO South Carolina St.	14.15m	165
	FOUL 14.15m 14.05m			

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-- 81 Sivels, Darius FR Delaware State DNS

Event 40 Decathlon: #8 Men Pole Vault Decathlon

Name	Year	School	Finals	Points
1 219 Strachan, Jamahl	SR	Maryland-Eastern	3.95m 12-11.50	603
2.85 2.95 3.05 3.15 3.25 3.35 3.45 3.55 3.65 3.75 3.85 3.95 4.05				
P P O O O O XO O O P O XO XXX				
2 140 Dixon, Damon	SO	Hampton	3.65m 11-11.75	522
3 248 Taylor-Watson, Dak	SR	Morgan State	3.35m 10-11.75	444
2.85 2.95 3.05 3.15 3.25 3.35 3.45				
P XO P XO XXO O XXX				
4 209 Dix, Jermol	FR	Maryland-Eastern	3.25m 10-08.00	418
5 323 Whitties, Meredith	JR	Norfolk State	3.05m 10-00.00	369
2.85 2.95 3.05 3.15				
XO O O XXX				
6 111 Washington, Philli	SO	Florida A&M	2.85m 9-04.25	321
2.85 2.95				
O XXX				
6 305 Cooper, Algernon	SR	Norfolk State	2.85m 9-04.25	321
2.85 2.95 3.05				
O XXO XXX				
8 147 Ramsey, Stephen	SR	Hampton	2.75m 9-00.25	298
8 316 Shelton, Darris	FR	Norfolk State	2.75m 9-00.25	298
2.85 2.95				
XO XXX				
10 345 Brown, Leighton	FR	South Carolina St.	2.35m 7-08.50	210
11 348 Elmore, Mark	JR	South Carolina St.	1.25m 4-01.25	21
11 343 Axson, Dashan	SO	South Carolina St.	1.25m 4-01.25	21
-- 81 Sivels, Darius	FR	Delaware State	DNS	

Event 40 Decathlon: #9 Men Javelin Throw Decathlon

Name	Year	School	Finals	Points
1 345 Brown, Leighton	FR	South Carolina St.	52.58m 172-06	627
47.77m 46.30m 52.58m				
2 323 Whitties, Meredith	JR	Norfolk State	49.94m 163-10	588
48.07m 49.94m 47.66m				
3 248 Taylor-Watson, Dak	SR	Morgan State	48.68m 159-08	569
40.79m 48.68m 48.31m				
4 147 Ramsey, Stephen	SR	Hampton	47.57m 156-01	553
43.29m ND 47.57m				
5 219 Strachan, Jamahl	SR	Maryland-Eastern	40.91m 134-03	455
39.15m ND 40.91m				
6 140 Dixon, Damon	SO	Hampton	40.39m 132-06	448
35.05m ND 40.39m				
7 348 Elmore, Mark	JR	South Carolina St.	36.75m 120-07	395
ND 33.40m 36.75m				
8 305 Cooper, Algernon	SR	Norfolk State	35.56m 116-08	378
35.56m 33.47m 30.11m				
9 316 Shelton, Darris	FR	Norfolk State	35.04m 114-11	371
32.85m 35.04m ND				

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....Event 40 Decathlon: #9 Men Javelin Throw Decathlon

10	209 Dix, Jermol	FR Maryland-Eastern	34.47m	113-01	363
	30.48m 34.47m ND				
11	343 Axson, Dashan	SO South Carolina St.	21.82m	71-07	186
	ND 21.82m ND				
--	111 Washington, Philli	SO Florida A&M	ND		
	ND ND ND				
--	81 Sivels, Darius	FR Delaware State	DNS		

Event 40 Decathlon: #10 Men 1500 Meter Run Decathlon

Name	Year	School	Finals	Points
1 219 Strachan, Jamahl	SR	Maryland-Eastern	4:54.04	595
2 343 Axson, Dashan	SO	South Carolina St.	4:56.42	581
3 209 Dix, Jermol	FR	Maryland-Eastern	4:58.69	567
4 323 Whitties, Meredith	JR	Norfolk State	5:08.77	510
5 348 Elmore, Mark	JR	South Carolina St.	5:09.74	505
6 140 Dixon, Damon	SO	Hampton	5:12.20	492
7 305 Cooper, Algernon	SR	Norfolk State	5:16.63	468
8 248 Taylor-Watson, Dak	SR	Morgan State	5:17.15	465
9 345 Brown, Leighton	FR	South Carolina St.	5:20.37	448
10 147 Ramsey, Stephen	SR	Hampton	5:21.22	444
11 316 Shelton, Darris	FR	Norfolk State	5:30.97	395
12 111 Washington, Philli	SO	Florida A&M	5:32.10	389
-- 81 Sivels, Darius	FR	Delaware State	DNS	

Women - Team Rankings - 6 Events Scored

1) Norfolk State	63	2) Maryland-Eastern Shore	32
3) Hampton	28	4) South Carolina St.	26
5) Coppin State	25	6) N. Carolina A&T	16
6) Bethune-Cookman	16	8) Morgan State	12
9) Delaware State	9	10) Howard	4
11) Florida A&M	3		

Men - Team Rankings - 5 Events Scored

1) Norfolk State	60.50	2) Morgan State	30
3) Hampton	26	4) Maryland-Eastern Shore	25.50
5) N. Carolina A&T	19	6) South Carolina St.	14
6) Florida A&M	14	8) Howard	4
9) Bethune-Cookman	2		